

## NON-COMMUTATIVE CIRCUITS AND THE SUM-OF-SQUARES PROBLEM

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### 1. INTRODUCTION

**1.1. Non-commutative computation.** Arithmetic complexity theory studies the computation of formal polynomials over some field or ring. Most of this theory is concerned with the computation of commutative polynomials. The basic model of computation is that of an *arithmetic circuit*. Despite decades of work, the best size lower bound for general circuits computing an explicit  $n$ -variate polynomial of degree  $d$  is  $\Omega(n \log d)$ , due to Baur and Strassen [32, 3]. Better lower bounds are known for a variety of more restricted computational models, such as monotone circuits, multilinear or bounded depth circuits (see, e.g., [7, 4]).

In this paper we deal with a different type of restriction. We investigate *non-commutative* polynomials and circuits; the case when the variables do not multiplicatively commute, i.e.,  $xy \neq yx$  if  $x \neq y$ , as in the case when the variables represent matrices over a field.<sup>1</sup> In a non-commutative circuit, a multiplication gate is given with an order in which its inputs are multiplied. Precise definitions appear in Section 2. A simple illustration of how absence of commutativity limits computation is the polynomial  $x^2 - y^2$ . If  $x, y$  commute, the polynomial can be computed as  $(x - y)(x + y)$  using one multiplication. In the non-commutative case, two multiplications are required to compute it.

Surprisingly, while interest in non-commutative computations goes back at least to 1970 [36], no better lower bounds are known for general non-commutative circuits than in the commutative case. The seminal work in this area is [23], where Nisan proved exponential lower bounds on the non-commutative *formula* size of the determinant and the permanent. He also gives an explicit polynomial that has linear size non-commutative circuits but requires non-commutative formulas of exponential size, thus separating non-commutative formulas and circuits.

One remarkable aspect of non-commutative computation is its connection with the celebrated approximation scheme for the (commutative) permanent [16]. The series of papers [8, 18, 2, 6] reduce the problem of approximating the permanent to the problem of computing the determinant of a matrix whose entries are elements of (non-commutative) Clifford algebras. However, already in the case of quaternions (the third Clifford algebra), the determinant cannot be efficiently computed by means of arithmetic formulas. This was shown by Chien and Sinclair [5] who

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Received by the editors April 30, 2010 and, in revised form, December 28, 2010.

2010 *Mathematics Subject Classification*. Primary 03D15, 68Q17; Secondary 11E25.

*Key words and phrases*. Algebraic complexity, composition of sums of squares.

The authors were supported in part by NSF Grant CCF 0832797.

<sup>1</sup>As in this case, addition remains commutative, as well as multiplication by constants.

extend Nisan's techniques to this and other non-commutative algebras. A recent work of Arvind and Srinivasan [1] shed new light on this approximation scheme. They showed that, in fact, if one is able to compute the determinant over the ring of matrices of polynomial size, then one can compute the permanent exactly, not just approximately.

In this paper, we propose new directions towards proving lower bounds on non-commutative circuits. We present structure theorems for non-commutative circuits, which enable us to reduce circuit-size lower bounds to apparently simpler problems. The foremost such problem is the so-called sum-of-squares problem, a classical question on a border between algebra and topology. We also outline a connection with multilinear circuits, in which exciting progress was made in recent years. We then make modest steps towards the lower-bound goal, and present results, some of which are of independent interest. Before we describe the results, we take a detour to briefly describe the sum-of-squares problem and its long history.

**1.2. The sum-of-squares problem.** In this section all variables commute. Consider the polynomial

$$(1.1) \quad \text{SOS}_k = (x_1^2 + x_2^2 + \cdots + x_k^2) \cdot (y_1^2 + y_2^2 + \cdots + y_k^2).$$

Given a field (or a ring)  $\mathbb{F}$ , define  $\mathcal{S}_{\mathbb{F}}(k)$  as the smallest  $n$  such that there exists a polynomial identity

$$(1.2) \quad \text{SOS}_k = z_1^2 + z_2^2 + \cdots + z_n^2,$$

where each  $z_i = z_i(X, Y)$  is a bilinear form in the variables  $X = \{x_1, \dots, x_k\}$  and  $Y = \{y_1, \dots, y_k\}$  over the field  $\mathbb{F}$ .

We refer to the problem of determining the value  $\mathcal{S}_{\mathbb{F}}(k)$  as the *sum-of-squares* problem. Note that the problem is not interesting if  $\mathbb{F}$  has characteristic two, for then  $\mathcal{S}_{\mathbb{F}}(k) = 1$ . Over other fields, the trivial bounds are

$$k \leq \mathcal{S}_{\mathbb{F}}(k) \leq k^2.$$

In Section 1.3, we describe the connection between the sum-of-squares problem and arithmetic complexity. At this point, let us discuss the mathematical significance of the sum-of-squares problem (much more can be found, e.g., in [31]). We focus on real sums of squares, for they are of the greatest historical importance.<sup>2</sup> Non-trivial identities exhibiting  $\mathcal{S}_{\mathbb{R}}(k) = k$  initiated this story.

When  $k = 1$ , we have  $x_1^2 y_1^2 = (x_1 y_1)^2$ . When  $k = 2$ , we have

$$(x_1^2 + x_2^2) \cdot (y_1^2 + y_2^2) = (x_1 y_1 - x_2 y_2)^2 + (x_1 y_2 + x_2 y_1)^2.$$

Interpreting  $(x_1, x_2)$  and  $(y_1, y_2)$  as complex numbers  $\alpha$  and  $\beta$ , this formula expresses the property

$$(1.3) \quad |\alpha|^2 |\beta|^2 = |\alpha \beta|^2$$

of multiplication of complex numbers. The case  $k = 1$  trivially expresses the same fact (1.3) for *real*  $\alpha$  and  $\beta$ . In 1748, motivated by the number-theoretic problem of expressing every integer as a sum of four squares, Euler proved an identity showing that  $\mathcal{S}_{\mathbb{R}}(4) = 4$ . When Hamilton discovered the *quaternion* algebra in 1843, this identity was quickly realized to express (1.3) for multiplying quaternions. This was repeated in 1848 with the discovery of the *octonions* algebra, and the 8-square

<sup>2</sup>The assumption that the  $z_i$ 's in (1.2) are bilinear is satisfied automatically if the  $z_i$ 's are real polynomials.

identity expressing (1.3) for octonions. Motivated by the study of division algebras, mathematicians tried to prove a 16-square identity in the following 50 years. Finally Hurwitz in 1898 proved that it is impossible, obtaining the first non-trivial lower bound:

**Theorem 1.1** ([13]).  $\mathcal{S}_{\mathbb{R}}(k) > k$ , except when  $k \in \{1, 2, 4, 8\}$ .

The following interpretation of the sum-of-squares problem got topologists interested in this problem: if  $z_1, \dots, z_n$  satisfy (1.2), the map  $z = (z_1, \dots, z_n) : \mathbb{R}^k \times \mathbb{R}^k \rightarrow \mathbb{R}^n$  is a bilinear *normed* map. Namely, it satisfies  $|z(\bar{x}, \bar{y})| = |\bar{x}||\bar{y}|$  for every  $\bar{x}, \bar{y} \in \mathbb{R}^k$ , where  $|\cdot|$  is the Euclidean norm. This rigid structure allows for topological and algebraic geometry tools to yield the following, best known lower bound, which unfortunately gains only a factor of two over the trivial bound:

**Theorem 1.2** ([15, 20]).  $\mathcal{S}_{\mathbb{R}}(k) \geq (2 - o(1))k$ .

As it happens, the trivial upper bound can be improved as well. There exists a normed bilinear map as above from  $\mathbb{R}^k \times \mathbb{R}^{\rho(k)}$  to  $\mathbb{R}^k$ , with  $\rho(k) = \Theta(\log k)$ . This was shown by Radon and Hurwitz [26, 14], who computed the exact value of the optimal  $\rho(k)$ . Interestingly, such a map exists even if we require the polynomials  $z_i$  to have *integer*<sup>3</sup> coefficients; see [39, 21]. The existence of this integer bilinear normed map turns out to be related to Clifford algebras as well: it can be obtained using a matrix representation of a Clifford algebra with  $\rho(k)$  generators. This can be seen to imply

*Fact 1.3.*  $\mathcal{S}_{\mathbb{Z}}(k) \leq O(k^2 / \log k)$ .

This is the best known upper bound on  $\mathcal{S}_{\mathbb{R}}$ , or  $\mathcal{S}_{\mathbb{F}}$  for any other field with char  $\mathbb{F} \neq 2$ . This motivated researchers to study integer sums of squares, and to try to prove lower bounds on  $\mathcal{S}_{\mathbb{Z}}$ . Despite the effort [20, 37, 31], the asymptotic bounds on  $\mathcal{S}_{\mathbb{Z}}$  remained as wide open as in the case of reals. As a part of the project envisaged in this paper, the authors proved the first superlinear lower bound in the integer case:

**Theorem 1.4** ([10]).  $\mathcal{S}_{\mathbb{Z}}(k) \geq \Omega(k^{6/5})$ .

To illustrate the subtlety of proving lower bounds on the sum-of-squares problem, let us mention that if we allow the  $z_i$ 's to be *rational* functions rather than polynomials, the nature of the problem significantly changes. In 1965, Pfister [25] proved that if the  $z_i$ 's are rational functions,  $\text{SOS}_k$  can be written as a sum of  $k$  squares whenever  $k$  is a power of two.

### 1.3. Non-commutative circuits and bilinear complexity.

*Conditional lower bounds on circuit complexity.* The connection between the sum-of-squares problem and non-commutative lower bounds is that a sufficiently strong lower bound on  $\mathcal{S}(k)$  implies an exponential lower bound for the permanent. Here we present our main results; for a more detailed discussion, see Section 2.1. In the non-commutative setting, there are several options to define the permanent. We define it row-by-row, that is,

$$\text{PERM}_n(X) = \sum_{\pi} x_{1,\pi(1)} x_{2,\pi(2)} \cdots x_{n,\pi(n)},$$

<sup>3</sup>The coefficients of the  $z_i$ 's can actually be taken to be in  $\{-1, 0, 1\}$ .

where  $\pi$  is a permutation of  $[n] = \{1, \dots, n\}$ . The advertised connection can be summarized as follows.<sup>4</sup>

**Theorem 1.5.** *Let  $\mathbb{F}$  be an algebraically closed field. Assume that  $\mathcal{S}_{\mathbb{F}}(k) \geq \Omega(k^{1+\epsilon})$  for a constant  $\epsilon > 0$ . Then  $\text{PERM}_n$  requires non-commutative circuits of size  $2^{\Omega(n)}$ . In general, the non-commutative circuit-size of  $\text{PERM}_{4n}$  is at least  $\Omega\left(\frac{\mathcal{S}_{\mathbb{F}}(2^n)}{n^3 2^n}\right)$ .*

The theorem tells us that a non-trivial lower bound for the non-commutative circuit-size of the permanent holds even if  $\mathcal{S}_{\mathbb{F}}(k) = \omega(k \log^5 k)$ . We also note that any superlinear lower bound on  $\mathcal{S}_{\mathbb{F}}(k)$  is interesting as it implies a superlinear lower bound for the non-commutative circuit-size of a *constant* degree polynomial (namely, the identity polynomial (1.4)).

Theorem 1.5 is an instance of a general connection between non-commutative circuits and commutative degree-four polynomials, which we now proceed to describe.

Let  $f$  be a *commutative* polynomial of degree four over a field  $\mathbb{F}$ . We say that  $f$  is *biquadratic* in variables  $X = \{x_1, \dots, x_k\}$  and  $Y = \{y_1, \dots, y_k\}$  if every monomial in  $f$  has the form  $x_{i_1} x_{i_2} y_{j_1} y_{j_2}$ . If  $f$  is biquadratic in variables  $X$  and  $Y$ , we define

**sum-of-squares complexity:**  $\mathcal{S}_{\mathbb{F}}(f)$  is the smallest<sup>5</sup>  $n$  so that  $f$  can be written as

$$f = z_1^2 + \dots + z_n^2,$$

**bilinear complexity:**  $\mathcal{B}_{\mathbb{F}}(f)$  is the smallest  $n$  so that  $f$  can be written as

$$f = z_1 z'_1 + \dots + z_n z'_n,$$

where each  $z_i$  and  $z'_i$  are bilinear forms in  $X, Y$ . We thus have  $\mathcal{S}_{\mathbb{F}}(\text{SOS}_k) = \mathcal{S}_{\mathbb{F}}(k)$ , as defined in the previous section.

Let us first note that over certain fields,  $\mathcal{S}_{\mathbb{F}}(f)$  and  $\mathcal{B}_{\mathbb{F}}(f)$  are virtually the same:

*Remark 1.6.* Clearly,  $\mathcal{B}_{\mathbb{F}}(f) \leq \mathcal{S}_{\mathbb{F}}(f)$ . If  $\mathbb{F}$  is algebraically closed with char  $\mathbb{F} \neq 2$ , then  $\mathcal{S}_{\mathbb{F}}(f) \leq 2\mathcal{B}_{\mathbb{F}}(f)$ . This holds since  $(1+1+1+1)zz' = (z+z')^2 + (\sqrt{-1}(z-z'))^2$ .

We now define the non-commutative version of  $\text{SOS}_k$ : the non-commutative *identity polynomial* is

$$(1.4) \quad \text{ID}_k = \sum_{i,j \in [k]} x_i y_j x_i y_j.$$

We show that a lower bound on  $\mathcal{B}_{\mathbb{F}}(\text{SOS}_k)$  implies a lower bound on the size of the non-commutative circuit computing  $\text{ID}_k$ .

**Theorem 1.7.** *The size of a non-commutative circuit over  $\mathbb{F}$  computing  $\text{ID}_k$  is at least  $\Omega(\mathcal{B}_{\mathbb{F}}(\text{SOS}_k))$ .*

Theorem 1.7 is proved in Section 4. The lower bound given by the theorem is reminiscent of the tensor rank approach to lower bounds for commutative circuits, where a lower bound on the tensor rank implies circuit lower bounds [33]. In the non-commutative case we can prove a much stronger implication. For every  $\epsilon > 0$ , a  $k^{1+\epsilon}$  lower bound on  $\mathcal{B}_{\mathbb{F}}(\text{SOS}_k)$  gives an exponential lower bound for the permanent. Theorem 1.8, which is proved in Section 5, together with Remark 1.6 implies Theorem 1.5.

<sup>4</sup>If char  $\mathbb{F} = 2$ , the theorem holds trivially, since  $\mathcal{S}_{\mathbb{F}}(k) = 1$ .

<sup>5</sup>When no such  $n$  exists,  $\mathcal{S}_{\mathbb{F}}(f)$  is infinite.

**Theorem 1.8.** *Assume that  $\mathcal{B}_{\mathbb{F}}(\text{SOS}_k) \geq \Omega(k^{1+\epsilon})$  for some  $\epsilon > 0$ . Then  $\text{PERM}_n$  requires non-commutative circuits of size  $2^{\Omega(n)}$  over  $\mathbb{F}$ . In general, the non-commutative circuit-size of  $\text{PERM}_{4n}$  is at least  $\Omega\left(\frac{\mathcal{B}_{\mathbb{F}}(\text{SOS}_{2^n})}{n^3 2^n}\right)$ .*

The theorem is reminiscent of a result in Boolean complexity, where a sufficient linear lower bound on complexity of a bipartite graph implies an exponential circuit lower bound for a related function (see [17] for a discussion.)

An important property that the non-commutative permanent shares with its commutative counterpart is its completeness for the class of explicit polynomials. This enables us to generalize Theorem 1.8 to the following theorem, which is proved in Section 5.1. Let  $\{f_k\}$  be a family of commutative biquadratic polynomials such that the number of variables in  $f_k$  is polynomial in  $k$ . We call  $\{f_k\}$  explicit if there exists a polynomial-time algorithm which, given  $k$  and a degree-four monomial  $\alpha$  as inputs,<sup>6</sup> computes the coefficient of  $\alpha$  in  $f_k$ . The polynomial  $\text{SOS}_k$  is clearly explicit.

**Theorem 1.9.** *Let  $\mathbb{F}$  be a field such that  $\text{char } \mathbb{F} \neq 2$ . Let  $\{f_k\}$  be a family of explicit biquadratic polynomials. Assume that  $\mathcal{B}_{\mathbb{F}}(f_k) \geq \Omega(k^{1+\epsilon})$  for some  $\epsilon > 0$ . Then  $\text{PERM}_n$  requires non-commutative circuits of size  $2^{\Omega(n)}$  over  $\mathbb{F}$ .*

*Lower bounds on sum-of-squares complexity over real numbers.* Remark 1.6 tells us that for some fields,  $\mathcal{B}_{\mathbb{F}} = \Theta(\mathcal{S}_{\mathbb{F}})$ , and hence to prove a circuit lower bound, it is sufficient to prove a lower bound on  $\mathcal{S}_{\mathbb{F}}$ . We prove lower bounds on  $\mathcal{S}_{\mathbb{F}}$  over reals.

Over  $\mathbb{R}$ , we find an explicit ‘hard’ polynomial (Theorem 1.10 is proved in Section 6).

**Theorem 1.10.** *There exists an explicit family  $\{f_k\}$  of real biquadratic polynomials with coefficients in  $\{0, 1, 2, 4\}$  such that  $\mathcal{S}_{\mathbb{R}}(f_k) = \Theta(k^2)$ .*

By Theorem 1.9, if the construction worked over the complex numbers  $\mathbb{C}$  instead of  $\mathbb{R}$ , we would have an exponential lower bound on the size of non-commutative circuits for the permanent. Such a construction is not known.

**1.4. Ordered and multilinear circuits.** An important restriction on computational power of circuits is multilinearity. This restriction has been extensively investigated in the commutative setting. A polynomial is multilinear if every variable has individual degree at most one in it. Syntactically multilinear circuits are those in which every product gate multiplies gates with disjoint sets of variables. This model was first considered in [24], where lower bounds on constant depth multilinear circuits were proved (and later improved in [29]). In a breakthrough paper, Raz [27] proved super-polynomial lower bounds on multilinear formula size for the permanent and determinant. These techniques were extended by [30] to give a lower bound of about  $n^{4/3}$  for the size of the multilinear circuits.

An interesting observation about non-commutative circuits is that if they compute a polynomial of a specific form, they are without loss of generality multilinear. Let us call a non-commutative polynomial  $f$  ordered, if the variables of  $f$  are divided into disjoint sets  $X_1, \dots, X_d$  and every monomial in  $f$  has the form  $x_1 \cdots x_d$  with  $x_i \in X_i$ . The non-commutative permanent, as defined above, is thus ordered. An ordered circuit is a natural model for computing ordered polynomials. Roughly, we

<sup>6</sup>We think of the input as given in a binary representation; the algorithm thus runs in time polynomial in  $\log k$ .

require every gate to take variables from the sets  $X_i$  in the same interval  $I \subset [d]$ ; see Section 7.1 for a precise definition. One property of ordered circuits is that they are automatically syntactically multilinear. We remark that the notion of an ordered polynomial is defined when variables do not commute. It resembles the notion of a set-multilinear polynomial, which is defined when variables do commute.

We show that any non-commutative circuit computing an ordered polynomial can be efficiently transformed to an ordered circuit, hence a multilinear one, computing the same polynomial. Such a reduction is not known in the commutative case and gives hope that progress on multilinear lower bounds for the permanent or the determinant will yield general non-commutative lower bounds. Theorem 1.11 is proved in Section 7.1.

**Theorem 1.11.** *Let  $f$  be an ordered polynomial of degree  $d$ . If  $f$  is computed by a non-commutative circuit of size  $s$ , it can be computed by an ordered circuit of size  $O(d^3s)$ .*

Again, we fall short of utilizing this connection for general lower bounds. By a simple argument, we manage to prove an exponential lower bound on non-commutative multilinear circuits, as we state in the next theorem. However, the polynomial  $\text{AP}_k$  in question is not ordered, and we cannot invoke the previous result to obtain an unconditional lower bound (Theorem 1.12 is proved in Section 7.2).

**Theorem 1.12.** *Let*

$$\text{AP}_k = \sum_{\sigma} x_{\sigma(1)} x_{\sigma(2)} \cdots x_{\sigma(k)},$$

*where  $\sigma$  is a permutation of  $[k]$ . Then every non-commutative syntactically multilinear circuit computing  $\text{AP}_k$  is of size at least  $2^{\Omega(k)}$ .*

**1.5. A different perspective: lower bounds using rank.** An extremely appealing way to obtain lower bounds is by using subadditive measures, and matrix rank is perhaps the favorite measure across many computational models.

For arithmetic circuits, many of the known structure theorems [9, 23, 27, 11] invite a natural rank interpretation. This interpretation, however, has led to lower bounds only for restricted circuits. We sketch below the rank problem which arises in the case of commutative circuits and explain why it is considerably simpler in the case of non-commutative ones.

Let  $f$  be a commutative polynomial of degree  $d$ . Consider  $N \times N$  matrices whose entries are elements of some field, and rows and columns are labelled by monomials of degree roughly  $d/2$ . Hence  $N$  is in general exponential in the degree of  $f$ . Associate with  $f$  a family  $\mathcal{M}$  of all  $N \times N$  matrices  $M$  with the following property: for every monomial  $\alpha$  of degree  $d$ , the sum of all entries  $M_{\beta_1, \beta_2}$ , such that  $\beta_1 \beta_2 = \alpha$ , is equal to the coefficient of  $\alpha$  in  $f$ . In other words, we partition  $M$  into subsets  $T_\alpha$  corresponding to the possible ways to write  $\alpha$  as a product of two monomials, and we impose a condition on the sum of entries in every  $T_\alpha$ . It can be shown that the circuit complexity of  $f$  can be lower bounded by the minimal rank of the matrices in  $\mathcal{M}$ .

Note that the sets  $T_\alpha$  are of size exponential in  $d$ , the degree of  $f$ . The structure of the sets is not friendly either. Our first structure theorem for non-commutative circuits, which decomposes non-commutative polynomials to central polynomials, translates to a similar rank problem. However, the matrices  $M \in \mathcal{M}$  will be partitioned into sets of size only  $d$  (instead of exponential in  $d$ ). This is thanks to

the fact that there are much fewer options to express a non-commutative monomial as a product of other monomials. Our second structure theorem, concerning block-central polynomials, gives a partition into sets of size at most two. The structure of these sets is quite simple too. However, it is not simple enough to allow us to prove a rank lower bound. In the rank formulation of circuit lower bounds, we can therefore see non-commutative circuits as a first step towards understanding commutative circuit lower bounds.

**1.6. Structure of the paper.** In Section 2 we outline our proofs of conditional lower bounds for non-commutative circuits and restricted lower bounds on the sum-of-squares complexity. In Section 3 we investigate the structure of non-commutative circuits. In Section 4 we present a connection between circuit complexity of degree-four polynomials and bilinear complexity. In Section 5 we show a reduction from circuit complexity of general polynomials to bilinear complexity of degree-four polynomials; in particular, we prove a conditional lower bound for the permanent. In Section 6 we construct a polynomial whose sum-of-squares complexity over the reals is high. Finally, in Section 7 we study a family of circuits we call *ordered*, which are in particular multilinear, and prove a lower bound for the size of multilinear non-commutative circuits.

## 2. OVERVIEW OF PROOFS

**2.1. Conditional lower bounds on non-commutative circuit-size.** In this section we describe the path that leads from non-commutative circuit complexity to bilinear complexity.

*Preliminaries.* Let  $\mathbb{F}$  be a field. A *non-commutative polynomial* is a formal sum of products of variables and field elements. We assume that the variables do not multiplicatively commute, that is,  $xy \neq yx$  whenever  $x \neq y$ . However, the variables commute with elements of  $\mathbb{F}$ . The reader can imagine the variables as representing square matrices.

A *non-commutative arithmetic circuit*  $\Phi$  is a directed acyclic graph as follows. Nodes (or gates) of in-degree zero are labelled by either a variable or a field element in  $\mathbb{F}$ . All the other nodes have in-degree two and they are labelled by either  $+$  or  $\times$ . The two edges going into a gate  $v$  labelled by  $\times$  are labelled by *left* and *right*. We denote by  $v = v_1 \times v_2$  the fact that  $(v_1, v)$  is the left edge going into  $v$ , and  $(v_2, v)$  is the right edge going into  $v$ . (This is to determine the order of multiplication.) The *size* of a circuit  $\Phi$  is the number of edges in  $\Phi$ . The integer  $\mathcal{C}(f)$  is the size of a smallest circuit computing  $f$ .

*Remark 2.1.* Unless stated otherwise, we refer to non-commutative polynomials as polynomials, and to non-commutative circuits as circuits.

The proof is presented in three parts, which are an exploration of the structure of non-commutative circuits.

*Part I: Structure of circuits.* The starting point of our trail is the structure of polynomials computed by non-commutative circuits, which we now explain. The methods we use are elementary and are an adaptation of works such as [9, 11] to the non-commutative world.

We start by defining the ‘building blocks’ of polynomials, which we call central polynomials. A homogeneous<sup>7</sup> polynomial  $f$  of degree  $d$  is called *central* if there exist integers  $m$  and  $d_0, d_1, d_2$  satisfying  $d/3 \leq d_0 < 2d/3$  and  $d_0 + d_1 + d_2 = d$  so that

$$(2.1) \quad f = \sum_{i \in [m]} h_i g \bar{h}_i,$$

where

- (1) the polynomial  $g$ , which we call the *body*, is homogeneous of degree  $\deg g = d_0$ ,
- (2) for every  $i \in [m]$ , the polynomials  $h_i, \bar{h}_i$  are homogeneous of degrees  $\deg h_i = d_1$  and  $\deg \bar{h}_i = d_2$ .

The *width* of a homogeneous polynomial  $f$  of degree  $d$ , denoted  $w(f)$ , is the smallest integer  $n$  so that  $f$  can be written as

$$(2.2) \quad f = f_1 + f_2 + \cdots + f_n,$$

with each  $f_i$  a central polynomial. In Section 3.1 we show that the width of  $f$  is at most  $O(d^3 \mathcal{C}(f))$ , and so lower bounds on width imply lower bounds on circuit complexity. We prove this by induction on the circuit complexity of  $f$ .

*Part II: Degree four.* In the first part, we argued that a lower bound on width implies a lower bound on circuit complexity. In the case of degree four, a central polynomial has a very simple structure:  $d_0$  is always 2, and so the body must reside in one of three places: left (when  $d_1 = 0$ ), center (when  $d_1 = 1$ ), and right (when  $d_1 = 2$ ). For a polynomial of degree four, we can thus write (2.2) with  $n$  at most order  $\mathcal{C}(f)$ , and each  $f_i$  of this special form.

This observation allows us to relate width and bilinear complexity, as the following proposition shows. For a more general statement, see Proposition 4.1, which also shows that the width and bilinear complexity are in fact equivalent.

**Proposition 2.2.**  $w(\text{ID}_k) \geq \mathcal{B}(\text{SOS}_k)$ .

Part I and Proposition 2.2 already imply Theorem 1.7, which states that a lower bound on bilinear complexity implies a lower bound on circuit complexity of  $\text{ID}_k$ .

*Part III: General degree to degree four.* The argument presented in the second step can imply at most a quadratic lower bound on circuit-size. To get exponential lower bounds, we need to consider polynomials of higher degrees. We think of the degree of a degree- $4r$  polynomial as divided into 4 groups, for which we try to mimic the special structure from part II: A *block-central* polynomial is a central polynomial so that  $d_0 = 2r$  and  $d_1 \in \{0, r, 2r\}$ . The structure of block-central polynomials is similar to the structure of degree-four central polynomials in that the body is of fixed degree and it has three places it can reside in: left (when  $d_1 = 0$ ), center (when  $d_1 = r$ ), and right (when  $d_1 = 2r$ ). In Section 5 we show that a degree- $4r$  polynomial  $f$  can be written as a sum of at most  $O(r^3 2^r \mathcal{C}(f))$  block-central polynomials.

We thus reduced the analysis of degree- $4r$  polynomials to the analysis of degree-four polynomials. This reduction comes with a price, a loss of a factor of  $2^r$ . We

<sup>7</sup>Recall that a polynomial  $f$  is *homogeneous* if all monomials with a non-zero coefficient in  $f$  have the same degree, and that circuit  $\Phi$  is homogeneous if every gate in  $\Phi$  computes a homogeneous polynomial.

note that this loss is necessary. The proof is a rather technical case distinction. The idea behind it is a combinatorial property of intervals in the set  $[4r]$ , which allows us to transform a central polynomial to a sum of  $2^r$  block-central polynomials.

Here is an example of this reduction in the case of the identity polynomial. The *lifted identity polynomial*,  $\text{LID}_r$ , is the polynomial in variables  $z_0, z_1$  of degree  $4r$  defined by

$$\text{LID}_r = \sum_{e \in \{0,1\}^{2r}} z_e z_{\bar{e}},$$

where for  $e = (e_1, \dots, e_{2r}) \in \{0,1\}^{2r}$ , we define  $z_e = \prod_{i=1}^{2r} z_{e_i}$ . The lifted identity polynomial is the high-degree counterpart of the identity polynomial, which allows us to prove that a superlinear lower bound implies an exponential one (the corollary is proved in Section 5):

**Corollary 2.3.** *If  $\mathcal{B}(\text{SOS}_k) \geq \Omega(k^{1+\epsilon})$  for some  $\epsilon > 0$ , then  $\mathcal{C}(\text{LID}_r) \geq 2^{\Omega(r)}$ . In general,  $\mathcal{C}(\text{LID}_r) \geq \Omega\left(\frac{\mathcal{B}(\text{SOS}_{2^r})}{r^{3 \cdot 2^r}}\right)$ .*

To complete the picture, we show that  $\text{LID}_r$  is reducible to the permanent of dimension  $4r$ .

**Lemma 2.4.** *There exists a matrix  $M$  of dimension  $4r \times 4r$  whose non-zero entries are variables  $z_0, z_1$  so that the permanent of  $M$  is  $\text{LID}_r$ .*

To prove the lemma, the matrix  $M$  is constructed explicitly; see Section 5. The conditional lower bound on the permanent, Theorem 1.8, follows from Corollary 2.3 and Lemma 2.4.

An important property that the non-commutative permanent shares with its commutative counterpart is completeness for the class of explicit polynomials. This enables us to argue that a superlinear lower bound on the bilinear complexity of an explicit degree-four polynomial implies an exponential lower bound on the permanent. In the commutative setting, this is a consequence of the VNP completeness of the permanent, as given in [35]. In the non-commutative setting, one can prove a similar result [12]; see Section 5.1 for more details.

**2.2. Lower bound on sum-of-squares over real numbers.** We now discuss the lower bounds for the restricted sum-of-squares problem over the reals. For more details and formal definitions, see Section 6.

We phrase the problem of lower bounding  $\mathcal{S}_{\mathbb{R}}(g)$  in terms of matrices of real vectors. Let  $V = \{\mathbf{v}_{i,j} : i, j \in [k]\}$  be a  $k \times k$  matrix whose entries are vectors in  $\mathbb{R}^n$ . We call  $V$  a *vector matrix*, and  $n$  is called the *height* of  $V$ . The matrix  $V$  defines a biquadratic polynomial  $f(V)$  in  $X = \{x_1, \dots, x_k\}$  and  $Y = \{y_1, \dots, y_k\}$  by

$$f(V) = \sum_{i_1 \leq i_2, j_1 \leq j_2} a_{i_1, i_2, j_1, j_2} x_{i_1} x_{i_2} y_{j_1} y_{j_2},$$

where  $a_{i_1, i_2, j_1, j_2}$  is equal to  $\mathbf{v}_{i_1, j_1} \cdot \mathbf{v}_{i_2, j_2} + \mathbf{v}_{i_1, j_2} \cdot \mathbf{v}_{i_2, j_1}$ , up to a small correction factor which is not important at this point (here,  $\mathbf{v} \cdot \mathbf{v}'$  is the inner product between the vectors  $\mathbf{v}, \mathbf{v}'$ ). We can think of the coefficients as given by the permanent of the  $2 \times 2$  submatrix<sup>8</sup> of  $V$  defined by  $i_1, i_2$  and  $j_1, j_2$ .

<sup>8</sup>In some cases, e.g., when  $i_1 = i_2$ , this matrix can become  $1 \times 2, 2 \times 1$  or even  $1 \times 1$ , but we still think of it as a  $2 \times 2$  matrix. This is also where the correction factor comes from.

The following lemma, whose version is proved in Section 6, gives the connection between sum-of-squares complexity and vector matrices.

**Lemma 2.5.** *Let  $g$  be a biquadratic polynomial. Then  $\mathcal{S}_{\mathbb{R}}(g) \leq n$  is equivalent to the existence a vector matrix  $V$  of height  $n$  so that  $g = f(V)$ .*

As long as it is finite, the height of a vector matrix for any polynomial does not exceed  $k^2$ , and a counting argument shows that “almost” all polynomials require height  $\Omega(k^2)$ . The problem is to construct explicit polynomials that require a large height. Even a superlinear lower bound seems non-trivial, since the permanent condition does not talk about inner products of pairs of vectors, but rather about the sum of inner products of two such pairs. In Section 6 we manage to construct an explicit polynomial which requires near-maximal height  $\Omega(k^2)$ . In our proof, the coefficients impose (through the  $2 \times 2$  permanent conditions) either equality or orthogonality constraints on the vectors in the matrix, and eventually the existence of many pairwise orthogonal ones. In a crucial way, we employ the fact that over  $\mathbb{R}$ , if two unit vectors have inner product one, they must be equal. This property<sup>9</sup> fails over  $\mathbb{C}$ , but it is still possible that even over  $\mathbb{C}$  our construction has a similar height (of course, if this turns out to be even  $k^{1+\epsilon}$ , we get an exponential lower bound for non-commutative circuits).

The construction, however, does not shed light on the classical sum-of-squares problem which is concerned specifically with the polynomial  $\text{SOS}_k$ . However, note that Lemma 2.5 gives a potentially useful formulation of the sum-of-squares problem. In the case of  $\text{SOS}_k$ , the conditions on the matrix  $V$  are especially nice and simple: (1) all vectors in  $V$  are unit vectors, (2) in each row and column the vectors are pairwise orthogonal, and (3) every  $2 \times 2$  permanent (of inner products) must be zero. Indeed, this formulation was used in [10] by the authors to prove a lower bound on integer sum-of-squares.

### 3. NON-COMMUTATIVE CIRCUITS

We use the following notation. For a node  $v$  in a circuit  $\Phi$ , we denote by  $\Phi_v$  the subcircuit of  $\Phi$  rooted at  $v$ . Every node  $v$  computes a polynomial  $\widehat{\Phi}_v$  in the obvious way. A *monomial*  $\alpha$  is a product of variables, and  $\text{COEF}_{\alpha}(f)$  is the coefficient of  $\alpha$  in the polynomial  $f$ . Denote by  $\deg f$  the degree of  $f$ , and if  $v$  is a node in a circuit  $\Phi$ , denote by  $\deg v$  the degree of  $\widehat{\Phi}_v$ .

**3.1. Structure of non-commutative circuits.** In this section we describe the structure of the polynomials computed by non-commutative circuits. The methods we use are elementary and are an adaptation of works such as [9, 11] to the non-commutative world.

We start by defining the ‘building blocks’ of polynomials, which we call central polynomials. Recall that a polynomial  $f$  is *homogeneous* if all monomials with a non-zero coefficient in  $f$  have the same degree, and that a circuit  $\Phi$  is homogeneous if every gate in  $\Phi$  computes a homogeneous polynomial. A homogeneous polynomial  $f$  of degree  $d$  is called *central* if there exist integers  $m$  and  $d_0, d_1, d_2$  satisfying

$$d/3 \leq d_0 < 2d/3 \quad \text{and} \quad d_0 + d_1 + d_2 = d$$

<sup>9</sup>Here, the inner product of two complex vectors  $a, b$  is  $\sum_i a_i b_i$ , rather than  $\sum_i a_i \bar{b}_i$ , with  $\bar{b}$  the complex conjugate of  $b$ .

so that

$$(3.1) \quad f = \sum_{i \in [m]} h_i g \bar{h}_i,$$

where

- (1) the polynomial  $g$  is homogeneous of degree  $\deg g = d_0$ ,
- (2) for every  $i \in [m]$ , the polynomials  $h_i, \bar{h}_i$  are homogeneous of degrees  $\deg h_i = d_1$  and  $\deg \bar{h}_i = d_2$ .

*Remark 3.1.* In the definition of a central polynomial, no assumption on the size of  $m$  is made. Hence we can without loss of generality assume that  $h_i = c_i \alpha_i$  and  $\bar{h}_i = \beta_i$ , where  $\alpha_i$  is a monomial of degree  $d_1$ ,  $\beta_i$  is a monomial of degree  $d_2$ , and  $c_i$  is a field element.

The *width* of a homogeneous polynomial  $f$  of degree  $d$ , denoted  $w(f)$ , is the smallest integer  $n$  so that  $f$  can be written as

$$f = f_1 + f_2 + \cdots + f_n,$$

where  $f_1, \dots, f_n$  are central polynomials of degree  $d$ . The following proposition shows that the width of a polynomial is a lower bound for its circuit complexity. We will later relate width and bilinear complexity.

**Proposition 3.2.** *Let  $f$  be a homogeneous polynomial of degree  $d \geq 2$ . Then*

$$\mathcal{C}(f) \geq \Omega(d^{-3}w(f)).$$

*Proof.* We start by observing that the standard homogenization of commutative circuits [33, 4] works for non-commutative circuits as well (and we omit the proof).

**Lemma 3.3.** *Let  $g$  be a homogeneous polynomial of degree  $d$ . Then there exists a homogeneous circuit of size  $O(d^2\mathcal{C}(g))$  computing  $g$ .*

Assume that we have a homogeneous circuit  $\Phi$  of size  $s$  computing  $f$ . We will show that  $w(f) \leq ds$ . By Lemma 3.3, this implies that  $w(f) \leq O(d^3\mathcal{C}(f))$ , which completes the proof. Without loss of generality, we can also assume that no gate  $v$  in  $\Phi$  computes the zero polynomial (gates that compute the zero polynomial can be removed, decreasing the circuit-size).

For a multiset of pairs of polynomials  $\mathcal{H} = \{\langle h_i, \bar{h}_i \rangle : i \in [m]\}$ , define

$$g \times \mathcal{H} = \sum_{i \in [m]} h_i g \bar{h}_i.$$

Let  $\mathcal{G} = \{g_1, \dots, g_t\}$  be the set of homogeneous polynomials  $g$  of degree  $d/3 \leq \deg g < 2d/3$  so that there exists a gate in  $\Phi$  computing  $g$ . We show that for every gate  $v$  in  $\Phi$  so that  $\deg v \geq d/3$  there exist multisets of pairs of homogeneous polynomials  $\mathcal{H}_1(v), \dots, \mathcal{H}_t(v)$  satisfying

$$(3.2) \quad \widehat{\Phi}_v = \sum_{i \in [t]} g_i \times \mathcal{H}_i(v).$$

We prove (3.2) by induction on the depth of  $\Phi_v$ . If  $\deg(v) < 2d/3$ , then  $\widehat{\Phi}_v = g_i \in \mathcal{G}$  for some  $i \in [t]$ . Thus (3.2) is true, setting  $\mathcal{H}_i(v) = \{\langle 1, 1 \rangle\}$  and  $\mathcal{H}_j(v) = \{\langle 0, 0 \rangle\}$  for  $j \neq i$  in  $[t]$ . Otherwise, we have  $\deg v \geq 2d/3$ . When  $v = v_1 + v_2$ , we do the

following. Since  $\Phi$  is homogeneous,  $v_1, v_2$  and  $v$  have the same degree, which is at least  $2d/3$ . Induction thus implies: for every  $e \in \{1, 2\}$ ,

$$\widehat{\Phi}_{v_e} = \sum_{i \in [t]} g_i \times \mathcal{H}_i(v_e).$$

This gives

$$\widehat{\Phi}_v = \widehat{\Phi}_{v_1} + \widehat{\Phi}_{v_2} = \sum_{i \in [t]} g_i \times (\mathcal{H}_i(v_1) \cup \mathcal{H}_i(v_2)).$$

When  $v = v_1 \times v_2$ , we have  $\deg v = \deg v_1 + \deg v_2$ . Since  $\deg v \geq 2d/3$ , either (a)  $\deg v_1 \geq d/3$  or (b)  $\deg v_2 \geq d/3$ . In the case (a), by induction,

$$\widehat{\Phi}_{v_1} = \sum_{i \in [t]} g_i \times \mathcal{H}_i(v_1).$$

Defining  $\mathcal{H}_i(v) = \{\langle h, \bar{h} \widehat{\Phi}_{v_2} \rangle : \langle h, \bar{h} \rangle \in \mathcal{H}_i(v_1)\}$ , we obtain

$$\widehat{\Phi}_v = \widehat{\Phi}_{v_1} \widehat{\Phi}_{v_2} = \left( \sum_{i \in [t]} g_i \times \mathcal{H}_i(v_1) \right) \widehat{\Phi}_{v_2} = \sum_{i \in [t]} g_i \times \mathcal{H}_i(v).$$

Since  $\widehat{\Phi}_{v_2}$  is a homogeneous polynomial,  $\mathcal{H}_i(v)$  consists of pairs of homogeneous polynomials. In case (b), define  $\mathcal{H}_i(v) = \{\langle \widehat{\Phi}_{v_1} h, \bar{h} \rangle : \langle h, \bar{h} \rangle \in \mathcal{H}_i(v_2)\}$ .

Applying (3.2) to the output gate of  $\Phi$ , we obtain

$$f = \sum_{i \in [t]} g_i \times \mathcal{H}_i,$$

where  $\mathcal{H}_i$  are multisets of pairs of homogeneous polynomials. For every  $i \in [t]$  and every  $r \leq d - \deg g_i$ , define  $\mathcal{H}_i^r = \{\langle h, \bar{h} \rangle \in \mathcal{H}_i : \deg(h) = r, \deg(\bar{h}) = d - \deg g_i - r\}$ . Then  $g_i \times \mathcal{H}_i^r$  is a central polynomial. Moreover, since  $f$  is homogeneous of degree  $d$ , we obtain

$$f = \sum_{i \in [t]} \sum_{r=0}^{d-\deg g_i} g_i \times \mathcal{H}_i^r.$$

Since  $t \leq s$ , the proof is complete. □

**3.2. Degree-four polynomials.** Before we describe the specific structure of degree-four polynomials, let us give general definitions. For a monomial  $\alpha$  and a variable  $x$ , we say that  $x$  occurs at position  $i$  in  $\alpha$ , if  $\alpha = \alpha_1 x \alpha_2$  and  $\deg \alpha_1 = i - 1$ . Let  $X_1, \dots, X_r$  be (not necessarily disjoint) sets of variables. For a polynomial  $f$ , let  $f[X_1, \dots, X_r]$  be the homogeneous polynomial of degree  $r$  so that for every monomial  $\alpha$ ,

$$\text{COEF}_\alpha(f[X_1, \dots, X_r]) = \begin{cases} \text{COEF}_\alpha(f) & \text{if } \alpha = x_1 x_2 \cdots x_r \\ & \text{with } x_i \in X_i \text{ for every } i \in [r], \\ 0 & \text{otherwise.} \end{cases}$$

In other words,  $f[X_1, \dots, X_r]$  is the part of  $f$  consisting of monomials of degree  $r$  with the property that if a variable  $x$  occurs at a position  $i$ , then  $x \in X_i$ .

*Claim 3.4.* Let  $f$  be a central polynomial so that  $f = f[X_1, X_2, X_3, X_4]$ . Then, either

$$f = g[X_1, X_2]h[X_3, X_4] \quad \text{or} \quad f = \sum_{i \in [m]} h_i[X_1]g[X_2, X_3]\bar{h}_i[X_4],$$

where  $g, h, h_i, \bar{h}_i$  are some polynomials.

*Proof.* As  $f$  is central of degree four,  $\deg g = d_0 = 2$ , and  $d_1 \in \{0, 1, 2\}$ . If  $d_1 = 1$ , then  $d_2 = 1$  as well, and

$$f = f[X_1, X_2, X_3, X_4] = \sum_{i \in [m]} (h_i g \bar{h}_i)[X_1, X_2, X_3, X_4] = \sum_{i \in [m]} h_i[X_1]g[X_2, X_3]\bar{h}_i[X_4].$$

If  $d_1 = 0$ , then  $d_2 = 2$ , and

$$f = f[X_1, X_2, X_3, X_4] = \sum_{i \in [m]} (g \bar{h}_i)[X_1, X_2, X_3, X_4] = g[X_1, X_2] \left( \sum_{i \in [m]} h_i[X_1]\bar{h}_i[X_4] \right).$$

A similar argument holds when  $d_1 = 2$ . □

Claim 3.4 implies the following lemma.

**Lemma 3.5.** *If  $f = f[X_1, X_2, X_3, X_4]$ , then  $w(f)$  is the smallest  $n$  so that  $f$  can be written as  $f = f_1 + \dots + f_n$ , where for every  $t \in [n]$ , either*

- (a)  $f_t = g_t[X_1, X_2]h_t[X_3, X_4]$ , or
- (b)  $f_t = \sum_{i \in [m]} h_{t,i}[X_1]g_t[X_2, X_3]\bar{h}_{t,i}[X_4]$ ,

where  $g_t, h_t, h_{t,i}, \bar{h}_{t,i}$  are some polynomials.

#### 4. DEGREE FOUR AND BILINEAR COMPLEXITY

We consider polynomials of a certain structure. Let  $f$  be a polynomial in variables  $X = \{x_1, \dots, x_k\}$  and  $Y = \{y_1, \dots, y_k\}$  so that  $f = f[X, Y, X, Y]$ , i.e.,

$$(4.1) \quad f = \sum_{i_1, j_1, i_2, j_2 \in [k]} a_{i_1, j_1, i_2, j_2} x_{i_1} y_{j_1} x_{i_2} y_{j_2}.$$

For a non-commutative polynomial  $g$ , we define  $g^{(c)}$  to be the polynomial  $g$  understood as a commutative polynomial. For example, if  $g = xy + yx$ , then  $g^{(c)} = 2xy$ . In particular, if  $f$  is of the form (4.1), the polynomial  $f^{(c)}$  is biquadratic. We say that  $f$  is  $(X, Y)$ -symmetric if for every  $i_1, j_1, i_2, j_2 \in [k]$ ,

$$a_{i_1, j_1, i_2, j_2} = a_{i_2, j_1, i_1, j_2} = a_{i_1, j_2, i_2, j_1} = a_{i_2, j_2, i_1, j_1}.$$

In the following proposition, we relate the width of a polynomial  $f$  and  $\mathcal{B}(f^{(c)})$ .

**Proposition 4.1.** *Let  $f$  be a homogeneous polynomial of degree four of the form (4.1). Then*

- (1)  $\mathcal{B}(f^{(c)}) \leq w(f)$ , and
- (2) if  $\text{char } \mathbb{F} \neq 2$  and  $f$  is  $(X, Y)$ -symmetric, then  $w(f) \leq 4\mathcal{B}(f^{(c)})$ .

*Proof.* We start by proving (1). Using Lemma 3.5, we can write  $f = f_1 + \dots + f_n$ , where for every  $t \in [n]$ , either

- (a)  $f_t = g_t[X, Y]h_t[X, Y]$ , or
- (b)  $f_t = \sum_{i \in [m]} h_{t,i}[X]g_t[Y, X]\bar{h}_{t,i}[Y]$ .

The commutative polynomial  $f_t^{(c)}$  is a product of two bilinear forms in  $X$  and  $Y$ : in case (a), of  $g_t[X, Y]^{(c)}$  and  $h_t[X, Y]^{(c)}$ , and in case (b), of  $g_t[Y, X]^{(c)}$  and  $\sum_{i \in [m]} h_{t,i}[X]^{(c)}\bar{h}_{t,i}[Y]^{(c)}$ . Altogether  $f^{(c)} = f_1^{(c)} + \dots + f_n^{(c)}$ , where each  $f_t^{(c)}$  is a product of two bilinear forms, and hence  $\mathcal{B}(f^{(c)}) \leq n$ .

We now prove (2). Assume that

$$(4.2) \quad f^{(c)} = z_1 z'_1 + \dots + z_n z'_n,$$

where  $z_t$  and  $z'_t$ ,  $t \in [n]$ , are bilinear in  $X$  and  $Y$ . Write

$$z_t = \sum_{j \in [k]} x_j g_{t,j} \text{ and } z'_t = \sum_{j \in [k]} x_j h_{t,j},$$

where  $g_{t,j}$  and  $h_{t,j}$  are homogeneous degree-one polynomials in the variables  $Y$ . Let  $f_t$  be the non-commutative polynomial

$$\begin{aligned} f_t = & \sum_m (x_m g_{t,m}) \sum_j (x_j h_{t,j}) + \sum_m (x_m h_{t,m}) \sum_j (x_j g_{t,j}) \\ & + \sum_m (x_m \sum_j (g_{t,j} x_j) h_{t,m}) + \sum_m (x_m \sum_j (h_{t,j} x_j) g_{t,m}) \end{aligned}$$

with summations ranging over  $[k]$ . The polynomial  $f$  is  $(X, Y)$ -symmetric. We can see that  $f_t$  is a sum of four central polynomials. It is therefore sufficient to show that

$$(4.3) \quad f = \frac{1}{4}(f_1 + \dots + f_n).$$

First, note that  $f_t^{(c)} = 4z_t z'_t$  and hence

$$(4.4) \quad f^{(c)} = \frac{1}{4}(f_1^{(c)} + \dots + f_n^{(c)}).$$

Second, note that if  $g$  is  $(X, Y)$ -symmetric and  $\alpha = x_{i_1} y_{j_1} x_{i_2} y_{j_2}$  is a non-commutative monomial, then

$$\text{COEF}_{\alpha^{(c)}}(g^{(c)}) = N(i_1, j_1, i_2, j_2) \text{COEF}_{\alpha}(g),$$

where

$$N(i_1, j_1, i_2, j_2) = \begin{cases} 1 & \text{if } i_1 = i_2 \text{ and } j_1 = j_2, \\ 2 & \text{if } i_1 = i_2 \text{ and } j_1 \neq j_2, \\ 2 & \text{if } i_1 \neq i_2 \text{ and } j_1 = j_2, \\ 4 & \text{if } i_1 \neq i_2 \text{ and } j_1 \neq j_2. \end{cases}$$

Fix a monomial  $\alpha = x_{i_1} y_{j_1} x_{i_2} y_{j_2}$  and consider the coefficient of  $\alpha$  in the two sides of (4.3). Since  $f$  is  $(X, Y)$ -symmetric, we have

$$\text{COEF}_{\alpha^{(c)}}(f^{(c)}) = N(i_1, j_1, i_2, j_2) \text{COEF}_{\alpha}(f).$$

Hence (4.4) tells us that

$$\text{COEF}_\alpha(f) = \frac{\text{COEF}_{\alpha^{(c)}}(f_1^{(c)} + \dots + f_n^{(c)})}{4N(i_1, j_1, i_2, j_2)}.$$

Since  $f_t$  is  $(X, Y)$ -symmetric, we have  $\text{COEF}_{\alpha^{(c)}}f_t^{(c)} = N(i_1, j_1, i_2, j_2)\text{COEF}_\alpha(f_t)$ . Hence

$$\text{COEF}_\alpha(f) = \frac{1}{4}(\text{COEF}_\alpha(f_1) + \dots + \text{COEF}_\alpha(f_t))$$

and equation (4.3) follows. □

*Proof of Theorem 1.7.* Recall the definition of the identity polynomial,

$$\text{ID}_k = \sum_{i,j \in [k]} x_i y_j x_i y_j.$$

The commutative polynomial  $\text{ID}_k^{(c)}$  is the polynomial  $\text{SOS}_k$ ,

$$\text{SOS}_k = \sum_{i \in [k]} x_i^2 \sum_{j \in [k]} y_j^2.$$

The theorem follows from Propositions 3.2 and 4.1. □

Let us note that it is not necessary to separate variables in  $\text{ID}_k$  into two disjoint sets  $X$  and  $Y$ . In the non-commutative setting, this is just a cosmetic detail. This is a consequence of a more general phenomenon discussed in Section 7.1.

*Remark 4.2.*  $w(\text{ID}_k) = w(\sum_{i,j \in [k]} x_i x_j x_i x_j)$ .

*Proof.* Denote  $g = \sum_{i,j \in [k]} x_i x_j x_i x_j$ . Clearly  $w(g) \leq w(\text{ID}_k)$  and we must prove the opposite inequality. Let  $X := \{x_i : i \in [k]\}$  and write  $\text{ID}_k$  as  $\sum_{i,j \in [k]} x_{i,0} x_{j,1} x_{i,0} x_{j,1}$  in variables  $X_b = \{x_{i,b} : i \in [k], b \in \{0, 1\}\}$ . If  $f$  is a homogeneous polynomial of degree  $r$  in  $X$  and  $e = \langle e_1, \dots, e_r \rangle \in \{0, 1\}^n$ , let  $f^e$  be the polynomial s.t.  $f^e = f^e[X_{e_1}, \dots, X_{e_r}]$  and

$$\text{COEF}_{x_{i_1, e_1} \dots x_{i_r, e_r}}(f^e) = \text{COEF}_{x_{i_1} \dots x_{i_r}}(f).$$

Hence  $\text{ID}_k = g^{0101}$ . Moreover, if  $g = f_1 + \dots + f_n$ , then  $g^{0101} = f_1^{0101} + \dots + f_n^{0101}$ . It is thus sufficient to prove that if  $f_j$  is central, then  $f_j^{(0101)}$  is also central. This follows from the following:  $(gh)^{(0101)} = g^{(01)}h^{(01)}$  if  $g, h$  are homogeneous polynomials of degree two, and  $(hg\bar{h})^{(0101)} = h^{(0)}g^{(10)}\bar{h}^{(1)}$  if  $h, g, \bar{h}$  are homogeneous polynomials of degrees one, two and one. □

### 5. HIGHER DEGREES

In this section, we show that a sufficiently strong lower bound on the width of a degree-four polynomial implies an exponential lower bound on the width, and hence on the circuit-size, of a related high-degree polynomial.

Let  $f$  be a homogeneous polynomial of degree  $4r$ . We assume that  $f$  contains only two variables  $z_0$  and  $z_1$ . We define  $f^{(\lambda)}$  to be the polynomial obtained by replacing degree- $r$  monomials in  $f$  by new variables. Formally, for every monomial  $\alpha$  of degree  $r$  in variables  $z_0, z_1$ , introduce a new variable  $x_\alpha$ . The polynomial  $f^{(\lambda)}$  is defined as the homogenous degree-four polynomial in the  $2^r$  variables  $X = \{x_\alpha : \deg \alpha = r\}$

satisfying

$$(5.1) \quad \text{COEF}_{x_{\alpha_1}x_{\alpha_2}x_{\alpha_3}x_{\alpha_4}}(f^{(\lambda)}) = \text{COEF}_{\alpha_1\alpha_2\alpha_3\alpha_4}(f).$$

*Remark 5.1.* Let  $g$  be a homogeneous degree-four polynomial in  $k$  variables. If  $k \leq 2^r$ , then there exists a polynomial  $f$  of degree  $4r$  in variables  $z_0, z_1$  such that  $g = f^{(\lambda)}$  (up to a renaming of variables).

*Proof.* For  $e = (e_1, \dots, e_r) \in \{0, 1\}^r$ , let  $z_e$  be the monomial  $\prod_{j=1}^r z_{e_j}$ . If  $k \leq 2^r$  and  $i \in [k]$ , let  $(i) \in \{0, 1\}^r$  be the binary representation of  $i$ . If

$$g = \sum_{i_1j_1i_2j_2 \in [k]} a_{i_1j_1i_2j_2} x_{i_1}x_{j_1}x_{i_2}x_{j_2},$$

let

$$f = \sum_{i_1j_1i_2j_2 \in [k]} a_{i_1j_1i_2j_2} z^{(i_1)}z^{(j_1)}z^{(i_2)}z^{(j_2)}.$$

□

We now relate  $w(f)$  and  $w(f^{(\lambda)})$ . To do so, we need a modified version of Proposition 3.2. Let  $f$  be a homogeneous polynomial of degree  $4r$ . We say that  $f$  is *block-central*, if either

- I.  $f = gh$ , where  $g, h$  are homogeneous polynomials with  $\deg g = \deg h = 2r$ ,  
or
- II.  $f = \sum_{i \in [m]} h_i g \bar{h}_i$ , where  $g, h_i, \bar{h}_i$  are homogeneous polynomials of degrees  $\deg g = 2r$  and  $\deg h_i = \deg \bar{h}_i = r$  for every  $i \in [m]$ .

Every block-central polynomial is also central. The following lemma shows that every central polynomial can be written as a sum of  $2^r$  block-central polynomials. The lemma thus enables us to consider a simpler problem, i.e., lower bounding the width with respect to block-central polynomials. However, this simplification comes with a price, namely, a loss of a factor of  $2^r$ .

**Lemma 5.2.** *Let  $f$  be a central polynomial of degree  $4r$  in two variables  $z_0, z_1$ . Then there exist  $n \leq 2^r$  and block-central polynomials  $f_1, \dots, f_n$  so that  $f = f_1 + \dots + f_n$ .*

*Proof.* Let  $M(k)$  be the set of monomials in variables  $z_0, z_1$  of degree exactly  $k$ . The size of  $M(k)$  is  $2^k$ . As  $f$  is central, by Remark 3.1, we can write  $f$  as

$$(5.2) \quad f = \sum_{\alpha \in M(d_1), \omega \in M(d_2)} c(\alpha, \omega) \alpha G \omega,$$

where  $c(\alpha, \omega)$  is a field element,  $G$  is a homogeneous polynomial of degree  $d_0$  with  $4r/3 \leq d_0 < 8r/3$ , and  $d_0 + d_1 + d_2 = 4r$ .

Our goal is to write  $f$  as a sum of block-central polynomials; namely, we wish to write  $f$  as a sum of polynomials of either type I or type II. We use the parameters  $d_0, d_1, d_2$  to determine the type of these polynomials, according to the following case distinction.

Assume first that  $d_0 + 2d_1 \leq 3r$ . We express  $f$  as a sum of type I polynomials. There are two subcases to consider.

1.  $d_0 + d_1 \leq 2r$ : Every monomial  $\omega \in M(d_2)$  can be written as  $\omega_1\omega_2$ , where  $\omega_1 \in M(t)$ ,  $\omega_2 \in M(d_2 - t)$  and  $t = 2r - (d_0 + d_1)$ . Then (5.2) can be written as

$$f = \sum_{\alpha \in M(d_1), \omega_1 \in M(t)} f_{\alpha, \omega_1},$$

where

$$f_{\alpha, \omega_1} = (\alpha G \omega_1) \left( \sum_{\omega_2 \in M(d_2 - t)} c(\alpha, \omega_1 \omega_2) \omega_2 \right).$$

As  $d_2 - t = 2r$ , each  $f_{\alpha, \omega_1}$  is of type I. There are at most  $|M(d_1)||M(t)| = 2^{2r-d_0}$  such  $f_{\alpha, \omega_1}$ . Since  $d_0 \geq 4r/3$ , there are at most  $2^{2r/3}$  of them.

2.  $d_0 + d_1 > 2r$ : We can write  $G = \sum_{\gamma \in M(t)} G_\gamma \gamma$ , where  $t = d_0 + d_1 - 2r$ , and  $G_\gamma$  are some polynomials of degree  $d_0 - t$ . Then

$$f = \sum_{\alpha \in M(d_1), \gamma \in M(t)} f_{\alpha, \gamma},$$

where

$$f_{\alpha, \gamma} = (\alpha G_\gamma) \left( \sum_{\omega \in M(d_2)} c(\alpha, \omega) \gamma \omega \right).$$

Each  $f_{\alpha, \gamma}$  is of type I, and the number of such  $f_{\alpha, \gamma}$  is  $2^{d_0+2d_1-2r} \leq 2^r$ , as  $d_0 + 2d_1 \leq 3r$ .

If  $d_0 + 2d_2 \leq 3r$ , the argument is analogous. Hence we are in the situation  $d_0 + 2d_1 > 3r$  and  $d_0 + 2d_2 > 3r$ . In this case, we express  $f$  as a sum of central polynomials of type II. There are four subcases to consider.

1.  $d_1 \geq r$  and  $d_2 \geq r$ : For  $\alpha \in M(d_1)$ , write  $\alpha = \alpha_1\alpha_2$  with  $\alpha_1 \in M(r)$  and  $\alpha_2 \in M(d_1 - r)$ . For  $\omega \in M(d_2)$ , write  $\omega = \omega_1\omega_2$  with  $\omega_1 \in M(d_2 - r)$  and  $\omega_2 \in M(r)$ . Then

$$f = \sum_{\alpha_2 \in M(d_1 - r), \omega_1 \in M(d_2 - r)} f_{\alpha_2, \omega_1},$$

where

$$f_{\alpha_2, \omega_1} = \sum_{\alpha_1, \omega_2 \in M(r)} c(\alpha_1\alpha_2, \omega_1\omega_2) \alpha_1 (\alpha_2 G \omega_1) \omega_2.$$

Each  $f_{\alpha_2, \omega_1}$  is of type II. There are  $2^{2r-d_0} \leq 2^{2r/3}$  such  $f_{\alpha_2, \omega_1}$ , since  $d_0 \geq 4r/3$ .

2.  $d_1 < r$  and  $d_2 \geq r$ : Write  $G = \sum_{\gamma \in M(r-d_1)} \gamma G_\gamma$ , where  $G_\gamma$  is a homogeneous polynomial of degree  $d_0 - (r - d_1)$ . Write  $\omega = \omega_1\omega_2$  with  $\omega_1 \in M(d_2 - r)$  and  $\omega_2 \in M(r)$ . Then

$$f = \sum_{\gamma \in M(r-d_1), \omega_1 \in M(d_2-r)} f_{\gamma, \omega_1},$$

where

$$f_{\gamma, \omega_1} = \sum_{\alpha \in M(d_1), \omega_2 \in M(r)} c(\alpha, \omega_1\omega_2) \alpha \gamma (G_\gamma \omega_1) \omega_2.$$

Each  $f_{\gamma, \omega_1}$  is of type II, and there are  $2^{d_2-d_1} < 2^r$  such  $f_{\gamma, \omega_1}$ , since  $d_0 + 2d_1 > 3r$ .

- 3.  $d_1 \geq r$  and  $d_2 < r$ : This is the previous case with  $d_2$  and  $d_1$  interchanged.
- 4.  $d_1 < r$  and  $d_2 < r$ : Write  $G = \sum_{\gamma_1 \in M(r-d_1), \gamma_2 \in M(r-d_2)} \gamma_1 G_{\gamma_1, \gamma_2} \gamma_2$ , where  $G_{\gamma_1, \gamma_2}$  is a homogeneous polynomial of degree  $2r$ . Then

$$f = \sum_{\gamma_1 \in M(r-d_1), \gamma_2 \in M(r-d_2)} f_{\gamma_1, \gamma_2},$$

where

$$f_{\gamma_1, \gamma_2} = \sum_{\alpha \in M(d_1), \omega \in M(d_2)} c(\alpha, \omega) \alpha \gamma_1 G_{\gamma_1, \gamma_2} \gamma_2 \omega.$$

Each  $f_{\gamma_1, \gamma_2}$  is of type II, and there are  $2^{d_0-2r} \leq 2^{2r/3}$  such  $f_{\gamma_1, \gamma_2}$ , since  $d_0 \leq 8r/3$ . □

We can now relate the width of  $f$  and  $f^{(\lambda)}$ .

**Proposition 5.3.** *Let  $f$  be a homogeneous polynomial of degree  $4r$  in the variables  $z_0, z_1$ . Then  $w(f) \geq 2^{-r} w(f^{(\lambda)})$ .*

*Proof.* Assume  $w(f) = n$ . Lemma 5.2 implies that  $f = f_1 + \dots + f_{n'}$ , where  $n' \leq 2^r n$  and  $f_j$  are block-central polynomials. Equation (5.1) implies that

$$f^{(\lambda)} = f_1^{(\lambda)} + \dots + f_{n'}^{(\lambda)}.$$

It is thus sufficient to show that every  $f_t^{(\lambda)}$  is a central polynomial, for then  $w(f^{(\lambda)}) \leq n' \leq 2^r n$ .

In order to do so, let us extend the definition of  $(\cdot)^{(\lambda)}$  as follows. If  $g$  is a polynomial of degree  $\ell r$  in the variables  $z_0, z_1$ , let  $g^{(\lambda)}$  be the homogeneous polynomial of degree  $\ell$  in  $X$  so that

$$\text{COEF}_{x_{\alpha_1} \dots x_{\alpha_k}}(g^{(\lambda)}) = \text{COEF}_{\alpha_1 \dots \alpha_k}(g).$$

If  $g, h$  are homogeneous polynomials whose degree is divisible by  $r$ , we obtain  $(gh)^{(\lambda)} = g^{(\lambda)} h^{(\lambda)}$ . Hence if  $f_t = g_t h_t$  a block-central polynomial of type I, then  $f_t^{(\lambda)} = g_t^{(\lambda)} h_t^{(\lambda)}$  is a central polynomial of type (a) according to Lemma 3.5 with  $X = X_1 = X_2 = X_3 = X_4$ . If  $f_t = \sum_i h_{t,i} g_t \bar{h}_{t,i}$  is a block-central polynomial of type II,  $f_t^{(\lambda)} = \sum_i h_{t,i}^{(\lambda)} g_t^{(\lambda)} \bar{h}_{t,i}^{(\lambda)}$ , and hence  $f_t^{(\lambda)}$  is a central polynomial of type (b) according to Lemma 3.5. □

By Remark 5.1, we can start with a degree-four polynomial in  $k \leq 2^r$  variables and “lift” it to a polynomial  $f$  of degree  $4r$  such that  $f^{(\lambda)} = g$ . We can then deduce that a sufficiently strong lower bound on the bilinear complexity of  $g$  implies an exponential lower bound for the circuit complexity of  $f$ . We apply this to the specific case of the identity polynomial. The *lifted identity polynomial*,  $\text{LID}_r$ , is the polynomial in variables  $z_0, z_1$  of degree  $4r$  defined by

$$\text{LID}_r = \sum_{e \in \{0,1\}^{2r}} z_e z_e,$$

where for  $e = (e_1, \dots, e_s) \in \{0, 1\}^s$ , we define  $z_e = \prod_{i=1}^s z_{e_i}$ .

**Corollary 5.4** (Corollary 2.3 restated). *If  $\mathcal{B}(\text{SOS}_k) \geq \Omega(k^{1+\epsilon})$  for some  $\epsilon > 0$ , then  $\mathcal{C}(\text{LID}_r) \geq 2^{\Omega(r)}$ . In general,  $\mathcal{C}(\text{LID}_r) \geq \Omega\left(\frac{\mathcal{B}(\text{SOS}_{2^r})}{r^{3 \cdot 2^r}}\right)$ .*

*Proof.* The definition of  $\text{LID}_r$  can be equivalently written as

$$\text{LID}_r = \sum_{e_1, e_2 \in \{0,1\}^r} z_{e_1} z_{e_2} z_{e_1} z_{e_2}.$$

By definition,  $\text{LID}_r^{(\lambda)} = \sum_{i,j \in [k]} x_i x_j x_i x_j$  with  $k = 2^r$ . Hence, by Remark 4.2,  $w(\text{LID}_r^{(\lambda)}) = w(\text{ID}_k)$ . By Proposition 5.3,  $w(\text{LID}_r) \geq 2^{-r} w(\text{LID}_r^{(\lambda)})$ . Hence  $w(\text{LID}_r) \geq 2^{-r} w(\text{ID}_k)$ . By definition,  $\text{SOS}_k = \text{ID}_k^{(c)}$ . Hence, by Proposition 4.1,  $w(\text{ID}_k) \geq \mathcal{B}(\text{SOS}_k)$ . Hence  $w(\text{LID}_r) \geq 2^{-r} \mathcal{B}(\text{SOS}_k)$  with  $k = 2^r$ . By Proposition 3.2,  $\mathcal{C}(\text{LID}_r) \geq \Omega(r^{-3} w(\text{LID}_r)) \geq \Omega(r^{-3} 2^{-r} \mathcal{B}(\text{SOS}_{2^r}))$ .

Finally, if  $\mathcal{B}(\text{SOS}_k) \geq \Omega(k^{1+\epsilon})$  for some  $\epsilon > 0$ , then we have  $\mathcal{C}(\text{LID}_r) \geq \Omega(r^{-3} 2^{-r} 2^{r(1+\epsilon)}) = \Omega(r^{-3} 2^{\epsilon r})$ , and so  $\mathcal{C}(\text{LID}_r) \geq 2^{\Omega(r)}$ .  $\square$

One motivation for studying the lifted identity polynomial is that we believe it is hard for non-commutative circuits. However, note that an apparently similar polynomial has small circuit-size. For  $e = (e_1, \dots, e_s) \in \{0,1\}^s$ , let  $e^* = (e_s, \dots, e_1)$ . The polynomial

$$\sum_{e \in \{0,1\}^{2r}} z_e z_{e^*}$$

has a non-commutative circuit of linear size. This result can be found in [23], where it is also shown that the non-commutative formula complexity of this polynomial is exponential in  $r$ .

We now show that  $\text{LID}_r$  is reducible to the permanent of dimension  $4r$ .

**Lemma 5.5** (Lemma 2.4 restated). *There exists a matrix  $M$  of dimension  $4r \times 4r$  whose non-zero entries are variables  $z_0, z_1$  so that the permanent of  $M$  is  $\text{LID}_r$ .*

*Proof.* For  $j \in \{0,1\}$ , let  $D_j$  be the  $2r \times 2r$  matrix with  $z_j$  on the diagonal and zero everywhere else. The matrix  $M$  is defined as

$$M = \begin{bmatrix} D_0 & D_1 \\ D_1 & D_0 \end{bmatrix}.$$

The permanent of  $M$  taken row by row is

$$\text{PERM}(M) = \sum_{\sigma} M_{1,\sigma(1)} M_{2,\sigma(2)} \cdots M_{4r,\sigma(4r)},$$

where  $\sigma$  is a permutation of  $[4r]$ . The permutations that give non-zero value in  $\text{PERM}(M)$  satisfy: for every  $i \in [2r]$ , if  $\sigma(i) = i$ , then  $\sigma(2r+i) = 2r+i$ , and if  $\sigma(i) = 2r+i$ , then  $\sigma(2r+i) = i$ . By definition of  $M$ , this means that for every such  $\sigma$  and  $i \in [2r]$ ,  $M_{i,\sigma(i)} = M_{i+2r,\sigma(i+2r)}$ . Moreover, given the values of such a  $\sigma$  on  $[2r]$ , it can be uniquely extended to all of  $[4r]$ .  $\square$

Theorem 1.8 follows from Corollary 2.3 and Lemma 2.4.

**5.1. Explicit polynomials and completeness of the non-commutative permanent.** The (conditional) exponential lower bound on the circuit-size of the permanent can be significantly generalized. An important property that the non-commutative permanent shares with its commutative counterpart is completeness for the class of explicit polynomials. This enables us to argue that a superlinear lower bound on the width of an explicit degree-four polynomial implies an exponential lower bound on the permanent.

Let  $\{f_k\}$  be an infinite family of non-commutative polynomials over  $\mathbb{F}$  so that every  $f_k$  has at most  $p(k)$  variables and degree at most  $p(k)$ , where  $p : \mathbb{N} \rightarrow \mathbb{N}$  is a polynomial. We call  $\{f_k\}$  *explicit* if there exists a polynomial-time algorithm which, given  $k$  and a monomial  $\alpha$  as input, computes  $\text{COEF}_\alpha(f_k)$ . Hence  $\text{PERM}_k$  and other families of polynomials are explicit in this sense. In the commutative setting, the following theorem is a consequence of the VNP completeness of the permanent, as given in [35]. In the non-commutative setting, one can prove a similar result [12].

**Theorem 5.6.** *Assume that  $\{f_k\}$  is an explicit family of non-commutative polynomials such that  $\mathcal{C}(f_k) \geq 2^{\Omega(k)}$ . Then  $\mathcal{C}(\text{PERM}_k) \geq 2^{\Omega(k)}$ .*

*Proof of Theorem 1.9.* For a commutative biquadratic polynomial in  $k$  variables,

$$f = \sum_{i_1 \leq i_2 \in [k], j_1 \leq j_2 \in [k]} a_{i_1, j_1, i_2, j_2} x_{i_1} y_{j_1} x_{i_2} y_{j_2},$$

define  $f'$  as the non-commutative polynomial

$$f' = \sum_{i_1, j_1, i_2, j_2 \in [k]} a_{i_1, j_1, i_2, j_2} x_{i_1} y_{j_1} x_{i_2} y_{j_2}.$$

This is to guarantee that  $f' = f'[X, Y, X, Y]$  and  $(f')^{(c)} = f$  is as required in Proposition 4.1. Let  $r$  be the smallest integer so that  $2^r \geq 2k$ . Let  $f^*$  be the polynomial given by Remark 5.1 so that  $(f^*)^{(\lambda)} = f'$ . If  $f$  is explicit,  $f^*$  is explicit.

Let  $\{f_k\}$  be as in the assumption. As in the proof of Corollary 2.3, we conclude that  $f_k^*$  require exponential-size non-commutative circuits. By Theorem 5.6, this implies an exponential lower bound for the permanent.  $\square$

## 6. REAL SUM-OF-SQUARES

In this section, we prove Theorem 1.10. We construct a real biquadratic polynomial  $f$  in the variables  $X = \{x_1, \dots, x_k\}$  and  $Y = \{y_1, \dots, y_k\}$  over  $\mathbb{R}$ , so that  $f$  can be written as  $f = \sum_{i \in [n]} z_i^2$  with  $z_i$  bilinear in  $X, Y$ , but every such  $n$  is at least  $k^2/16$ . The construction of  $f$  is in polynomial time with respect to the length of the binary representation of  $k$ .

*Remark 6.1.* In the case of  $\mathbb{R}$ , the condition that the  $z_i$  are bilinear is satisfied automatically, provided  $z_i$  is a polynomial.

Recall that in this section, all polynomials are commutative.

**6.1. Real sum-of-squares and vector matrices.** We phrase the problem of lower bounding  $\mathcal{S}_{\mathbb{R}}(f)$  in terms of matrices of real vectors. Let  $V = \{\mathbf{v}_{i,j} : i \in [r], j \in [s]\}$  be a matrix whose entries are vectors in  $\mathbb{R}^n$ . We call  $V$  a *vector matrix*, and  $n$  is called the *height* of  $V$ . Let  $U = \{\mathbf{u}_{i,j} : i \in [r], j \in [s]\}$  be a vector matrix

of arbitrary height. We say that  $U$  and  $V$  are *equivalent* if for every  $i_1, i_2 \in [r]$ ,  $j_1, j_2 \in [s]$ ,

$$\mathbf{v}_{i_1, j_1} \cdot \mathbf{v}_{i_2, j_2} = \mathbf{u}_{i_1, j_1} \cdot \mathbf{u}_{i_2, j_2},$$

where for two vectors  $\mathbf{w}_1, \mathbf{w}_2$  in  $\mathbb{R}^m$ ,  $\mathbf{w}_1 \cdot \mathbf{w}_2$  is the standard inner product in  $\mathbb{R}^m$ . We say that  $U$  and  $V$  are *similar* if for every  $i_1, i_2 \in [r]$  and  $j_1, j_2 \in [s]$ ,

$$\mathbf{v}_{i_1, j_1} \cdot \mathbf{v}_{i_2, j_2} + \mathbf{v}_{i_1, j_2} \cdot \mathbf{v}_{i_2, j_1} = \mathbf{u}_{i_1, j_1} \cdot \mathbf{u}_{i_2, j_2} + \mathbf{u}_{i_1, j_2} \cdot \mathbf{u}_{i_2, j_1}.$$

It is more convenient to consider the four different cases of this equality:

- (6.1)  $\mathbf{v}_{i, j} \cdot \mathbf{v}_{i, j} = \mathbf{u}_{i, j} \cdot \mathbf{u}_{i, j}.$
- (6.2)  $\mathbf{v}_{i, j_1} \cdot \mathbf{v}_{i, j_2} = \mathbf{u}_{i, j_1} \cdot \mathbf{u}_{i, j_2}$  if  $j_1 \neq j_2.$
- (6.3)  $\mathbf{v}_{i_1, j} \cdot \mathbf{v}_{i_2, j} = \mathbf{u}_{i_1, j} \cdot \mathbf{u}_{i_2, j}$  if  $i_1 \neq i_2.$
- (6.4)  $\mathbf{v}_{i_1, j_1} \cdot \mathbf{v}_{i_2, j_2} + \mathbf{v}_{i_1, j_2} \cdot \mathbf{v}_{i_2, j_1} = \mathbf{u}_{i_1, j_1} \cdot \mathbf{u}_{i_2, j_2} + \mathbf{u}_{i_1, j_2} \cdot \mathbf{u}_{i_2, j_1}$  if  $i_1 \neq i_2, j_1 \neq j_2.$

A  $k \times k$  vector matrix  $V$  defines a polynomial  $f(V)$  in the variables  $X, Y$  by

$$f(V) = \sum_{i_1 \leq i_2, j_1 \leq j_2} a_{i_1, i_2, j_1, j_2} x_{i_1} x_{i_2} y_{j_1} y_{j_2},$$

with

$$(6.5) \quad a_{i_1, i_2, j_1, j_2} = \begin{cases} \mathbf{v}_{i, j} \cdot \mathbf{v}_{i, j} & \text{if } i_1 = i_2 = i, j_1 = j_2 = j, \\ 2\mathbf{v}_{i, j_1} \cdot \mathbf{v}_{i, j_2} & \text{if } i_1 = i_2 = i, j_1 < j_2, \\ 2\mathbf{v}_{i_1, j} \cdot \mathbf{v}_{i_2, j} & \text{if } i_1 < i_2, j_1 = j_2 = j, \\ 2(\mathbf{v}_{i_1, j_1} \cdot \mathbf{v}_{i_2, j_2} + \mathbf{v}_{i_1, j_2} \cdot \mathbf{v}_{i_2, j_1}) & \text{if } i_1 < i_2, j_1 < j_2. \end{cases}$$

Note that if  $U$  and  $V$  are similar, then  $f(U) = f(V)$ .

**Lemma 6.2.** *Let  $V$  be a  $k \times k$  vector matrix. Then the following are equivalent:*

- (1) *There exist bilinear forms  $z_1, \dots, z_n$  so that  $f(V) = \sum_{i \in [n]} z_i^2$ .*
- (2) *There exists a vector matrix  $U$  of height  $n$  so that  $U$  and  $V$  are similar.*

The lemma shows that  $f(V)$  can always be written as a sum of real bilinear squares. Moreover, the proof of the lemma entails the converse: if  $f$  can be written as a sum of bilinear squares, then  $f = f(V)$  for some vector matrix  $V$ .

*Proof.* Assume that

$$(6.6) \quad f(V) = \sum_{i \in [n]} z_i^2,$$

where each  $z_i$  is bilinear. For  $\ell \in [n]$  and  $i, j \in [k]$ , let  $u_{i, j}[\ell]$  be the coefficient of  $x_i y_j$  in  $z_\ell$ , and let  $\mathbf{u}_{i, j} = (u_{i, j}[1], \dots, u_{i, j}[n])$ . Let  $U = \{\mathbf{u}_{i, j} : i, j \in [k]\}$  be the  $k \times k$  vector matrix of height  $n$ . Equation (6.6) can be written as

$$(6.7) \quad f(V) = \left( \sum_{i, j \in [k]} \mathbf{u}_{i, j} x_i y_j \right) \cdot \left( \sum_{i, j \in [k]} \mathbf{u}_{i, j} x_i y_j \right).$$

The right-hand side of (6.7) can be written as

$$\begin{aligned} & \sum_{i,j} ((\mathbf{u}_{i,j} \cdot \mathbf{u}_{i,j}) x_i^2 y_j^2) + 2 \sum_{i,j_1 < j_2} ((\mathbf{u}_{i,j_1} \cdot \mathbf{u}_{i,j_2}) x_i^2 y_{j_1} y_{j_2}) \\ & + 2 \sum_{i_1 < i_2, j} ((\mathbf{u}_{i_1,j} \cdot \mathbf{u}_{i_2,j}) x_{i_1} x_{i_2} y_j^2) \\ & + 2 \sum_{i_1 < i_2, j_1 < j_2} ((\mathbf{u}_{i_1,j_1} \cdot \mathbf{u}_{i_2,j_2} + \mathbf{u}_{i_1,j_2} \cdot \mathbf{u}_{i_2,j_1}) x_{i_1} x_{i_2} y_{j_1} y_{j_2}). \end{aligned}$$

Comparing the coefficients on the left-hand and right-hand sides of (6.7), we obtain

$$(6.8) \quad a_{i_1, i_2, j_1, j_2} = \begin{cases} \mathbf{u}_{i,j} \cdot \mathbf{u}_{i,j} & \text{if } i_1 = i_2 = i, j_1 = i_2 = j, \\ 2\mathbf{u}_{i,j_1} \cdot \mathbf{u}_{i,j_2} & \text{if } i_1 = i_2 = i, j_1 < j_2, \\ 2\mathbf{u}_{i_1,j} \cdot \mathbf{u}_{i_2,j} & \text{if } i_1 < i_2, j_1 = j_2 = j, \\ 2(\mathbf{u}_{i_1,j_1} \cdot \mathbf{u}_{i_2,j_2} + \mathbf{u}_{i_1,j_2} \cdot \mathbf{u}_{i_2,j_1}) & \text{if } i_1 < i_2, j_1 < j_2. \end{cases}$$

By (6.5), this means that  $U$  and  $V$  are similar. Conversely, if  $U$  is a vector matrix similar to  $V$ , we obtain (6.6) by means of (6.5), (6.7) and (6.8).  $\square$

**6.2. A hard vector matrix.** In this section we construct a hard polynomial by describing its vector matrix  $M$ . Let  $\mathbf{e}_i(j)$ ,  $i, j \in [\ell]$ , be  $\ell^2$  orthonormal vectors in  $\mathbb{R}^{\ell^2}$ . The matrix  $M$  will be a  $k \times k$  matrix with  $k = 4(\ell - 1)$  whose entries are vectors  $\mathbf{e}_i(j)$ .

For  $t \in [\ell]$ , let  $L(t)$  be the following  $2 \times 2(\ell - 1)$  matrix:

$$L(t) = \begin{bmatrix} \mathbf{e}_1(t) & \mathbf{e}_1(t) & \mathbf{e}_2(t) & \mathbf{e}_2(t) & \mathbf{e}_3(t) & \mathbf{e}_3(t) & \cdots & \mathbf{e}_{\ell-2}(t) & \mathbf{e}_{\ell-1}(t) & \mathbf{e}_{\ell-1}(t) \\ \mathbf{e}_1(t) & \mathbf{e}_2(t) & \mathbf{e}_2(t) & \mathbf{e}_3(t) & \mathbf{e}_3(t) & \mathbf{e}_4(t) & \cdots & \mathbf{e}_{\ell-1}(t) & \mathbf{e}_{\ell-1}(t) & \mathbf{e}_\ell(t) \end{bmatrix}.$$

Let  $M$  be the matrix

$$M = \begin{bmatrix} L(1) & L(1) \\ L(1) & L(2) \\ L(2) & L(2) \\ \dots & \dots \\ L(\ell-2) & L(\ell-1) \\ L(\ell-1) & L(\ell-1) \\ L(\ell-1) & L(\ell) \end{bmatrix}.$$

The following theorem shows that  $f(M)$  is hard, in the sense of sum-of-squares complexity.

**Theorem 6.3.**  $S_{\mathbb{R}}(f(M)) = \ell^2$ .

The proof is based on the following lemma.

**Lemma 6.4.** *If  $U$  and  $M$  are similar, then  $U$  and  $M$  are equivalent.*

Let us first show that Lemma 6.4 implies Theorem 6.3. The matrix  $M$  consists of  $\ell^2$  orthonormal vectors. Hence any matrix  $U$  equivalent to  $M$  has height at least  $\ell^2$ . The theorem follows from Lemmas 6.4 and 6.2.

We now proceed to prove Lemma 6.4. Let us state two more definitions. A vector matrix  $V$  is called *normal* if for every  $\mathbf{v}$  in  $V$ , we have  $\mathbf{v} \cdot \mathbf{v} = 1$ . Two vector matrices  $V_1, V_2$  of the same height are called *orthogonal* if for every  $\mathbf{v}_1$  in  $V_1$  and  $\mathbf{v}_2$  in  $V_2$ , we have  $\mathbf{v}_1 \cdot \mathbf{v}_2 = 0$ .

The proof of Lemma 6.4 starts with the following three simple claims. In the claims, we denote elements of  $V, U$  by  $\mathbf{v}, \mathbf{u}$ , and elements of  $V_p, U_p$  by  $\mathbf{v}^p, \mathbf{u}^p$ , where  $p$  is an integer. In a crucial way, we employ the following property of real vectors: if  $\mathbf{v} \cdot \mathbf{v} = \mathbf{u} \cdot \mathbf{u} = 1$  and  $\mathbf{v} \cdot \mathbf{u} = 1$ , then  $\mathbf{v} = \mathbf{u}$ .

*Claim 6.5.* If  $U$  and  $V$  are similar and  $V$  is normal, then  $U$  is normal.

*Proof.* This follows from condition (6.1). □

*Claim 6.6.* Let

$$V = \begin{bmatrix} V_1 \\ V_1 \end{bmatrix} \quad \text{and} \quad U = \begin{bmatrix} U_1 \\ U_2 \end{bmatrix}.$$

If  $V$  is normal and  $U$  and  $V$  are similar, then  $U_1 = U_2$ . The same holds for  $V = [V_1 \ V_1]$  and  $U = [U_1 \ U_2]$ .

*Proof.* Let  $V_1$  be an  $r \times c$  vector matrix. For every  $i \in [r]$  and  $j \in [c]$ ,  $\mathbf{v}_{i+r,j} = \mathbf{v}_{i,j}$  and so  $\mathbf{v}_{i+r,j} \cdot \mathbf{v}_{i,j} = 1$ . Since  $V$  is normal and  $U$  and  $V$  are similar, by (6.1),  $\mathbf{u}_{i,j} \cdot \mathbf{u}_{i,j} = \mathbf{u}_{i+r,j} \cdot \mathbf{u}_{i+r,j} = 1$ . By (6.3),  $\mathbf{u}_{i+r,j} \cdot \mathbf{u}_{i,j} = 1$ , and so  $\mathbf{u}_{i+r,j} = \mathbf{u}_{i,j}$ . □

*Claim 6.7.* Let

$$V = \begin{bmatrix} V_1 & V_2 \\ V_3 & V_4 \end{bmatrix} \quad \text{and} \quad U = \begin{bmatrix} U_1 & U_2 \\ U_3 & U_4 \end{bmatrix}$$

with  $V$  a normal matrix. Assume that  $V_1$  and  $V_4$  are orthogonal and either

- (1)  $V_2, V_3$  are orthogonal and  $U_2, U_3$  are orthogonal, or
- (2)  $V_1 = V_2 = V_3, U_1 = U_2 = U_3$  and  $U_1, V_1$  are equivalent.

Then  $U_1$  and  $U_4$  are orthogonal.

*Proof.* Let  $V_1$  and  $V_4$  be of sizes  $r_1 \times c_1$  and  $r_2 \times c_2$ . From condition (6.4), we have that for every  $i_1 \in [r_1], j_1 \in [c_1], i_2 \in [r_2]$  and  $j_2 \in [c_2]$ ,

$$\mathbf{v}_{i_1,j_1} \cdot \mathbf{v}_{r_1+i_2,c_1+j_2} + \mathbf{v}_{i_1,c_1+j_2} \cdot \mathbf{v}_{r_1+i_2,j_1} = \mathbf{u}_{i_1,j_1} \cdot \mathbf{u}_{r_1+i_2,c_1+j_2} + \mathbf{u}_{i_1,c_1+j_2} \cdot \mathbf{u}_{r_1+i_2,j_1},$$

which gives

$$\mathbf{v}_{i_1,j_1}^1 \cdot \mathbf{v}_{i_2,j_2}^4 + \mathbf{v}_{i_1,j_2}^2 \cdot \mathbf{v}_{i_2,j_1}^3 = \mathbf{u}_{i_1,j_1}^1 \cdot \mathbf{u}_{i_2,j_2}^4 + \mathbf{u}_{i_1,j_2}^2 \cdot \mathbf{u}_{i_2,j_1}^3.$$

The property that is common to both cases in the assumption of the claim is that  $\mathbf{v}_{i_1,j_2}^2 \cdot \mathbf{v}_{i_2,j_1}^3 = \mathbf{u}_{i_1,j_2}^2 \cdot \mathbf{u}_{i_2,j_1}^3$ . Therefore,  $\mathbf{u}_{i_1,j_1}^1 \cdot \mathbf{u}_{i_2,j_2}^4 = \mathbf{v}_{i_1,j_1}^1 \cdot \mathbf{v}_{i_2,j_2}^4 = 0$ . □

The three claims imply the following, using the special structure of the matrix  $L$ .

*Claim 6.8.* If a vector matrix  $U$  is similar to  $L(t)$ , then  $U$  is equivalent to  $L(t)$ .

*Proof.* Since  $L(t)$  is normal, so is  $U$  by Claim 6.5. We apply Claim 6.6 to submatrices of  $L(t)$  with the form  $(\mathbf{e}_i(t), \mathbf{e}_i(t))$  and  $\begin{pmatrix} \mathbf{e}_i(t) \\ \mathbf{e}_i(t) \end{pmatrix}$ , and the corresponding submatrices of  $U$ , to conclude that  $U$  is of the form

$$U = \begin{bmatrix} \mathbf{u}_1 & \mathbf{u}_1 & \mathbf{u}_2 & \mathbf{u}_2 & \mathbf{u}_3 & \mathbf{u}_3 & \cdots & \mathbf{u}_{\ell-2} & \mathbf{u}_{\ell-1} & \mathbf{u}_{\ell-1} \\ \mathbf{u}_1 & \mathbf{u}_2 & \mathbf{u}_2 & \mathbf{u}_3 & \mathbf{u}_3 & \mathbf{u}_4 & \cdots & \mathbf{u}_{\ell-1} & \mathbf{u}_{\ell-1} & \mathbf{u}_\ell \end{bmatrix}.$$

It is thus sufficient to prove that for every  $i < j$  in  $[\ell]$ , the two vectors  $\mathbf{u}_i$  and  $\mathbf{u}_j$  are orthogonal. This follows by induction on  $j$ . If  $j = i + 1$ , apply case (2) of Claim 6.7 to the matrices

$$\begin{bmatrix} \mathbf{e}_i(t) & \mathbf{e}_i(t) \\ \mathbf{e}_i(t) & \mathbf{e}_j(t) \end{bmatrix} \quad \text{and} \quad \begin{bmatrix} \mathbf{u}_i & \mathbf{u}_i \\ \mathbf{u}_i & \mathbf{u}_j \end{bmatrix}.$$

Otherwise,  $j \geq i + 2$  and  $U$  contains a submatrix

$$\begin{bmatrix} \mathbf{u}_i & \mathbf{u}_{j-1} \\ \mathbf{u}_i & \mathbf{u}_j \end{bmatrix},$$

which is similar to the matrix

$$\begin{bmatrix} \mathbf{e}_i(t) & \mathbf{e}_{j-1}(t) \\ \mathbf{e}_i(t) & \mathbf{e}_j(t) \end{bmatrix}.$$

By assumption  $\mathbf{u}_i$  and  $\mathbf{u}_{j-1}$  are orthogonal. Now case (1) of Claim 6.7 implies that  $\mathbf{u}_i$  and  $\mathbf{u}_j$  are orthogonal.  $\square$

*Proof of Lemma 6.4.* If  $U$  is similar to  $M$ , by Claim 6.8,  $U$  has the form

$$U = \begin{bmatrix} U(1) & U(1) \\ U(1) & U(2) \\ U(2) & U(2) \\ \dots & \dots \\ U(\ell-2) & U(\ell-1) \\ U(\ell-1) & U(\ell-1) \\ U(\ell-1) & U(\ell) \end{bmatrix},$$

where  $U(t)$  is equivalent to  $L(t)$ . It is now sufficient to prove that  $U(i)$  and  $U(j)$  are orthogonal whenever  $i < j$ . This follows by a similar argument to the one in Claim 6.8.  $\square$

## 7. MULTILINEAR AND ORDERED CIRCUITS

**7.1. Ordered circuits.** An interesting property of non-commutative polynomials and circuits is that we can treat occurrences of  $x$  at different positions as distinct variables. For example, we could have defined the identity polynomial as a polynomial in  $4k$  variables

$$\text{ID}_k' = \sum_{i,j \in [k]} x_{1,i}x_{2,j}x_{3,i}x_{4,j},$$

or as the polynomial in only  $k$  variables

$$\text{ID}_k'' = \sum_{i,j \in [k]} x_i x_j x_i x_j.$$

These modifications are not important in the non-commutative setting; the circuit complexities of  $\text{ID}_k$ ,  $\text{ID}_k'$  and  $\text{ID}_k''$  differ by at most a constant factor. We discuss this phenomenon in this section.

A homogeneous polynomial  $f$  of degree  $r$  is called *ordered* if there exist *disjoint* sets of variables  $X_1, \dots, X_r$  so that  $f = f[X_1, \dots, X_r]$  with the definition of  $f[X_1, \dots, X_r]$  from Section 3.2. In other words,  $f$  is ordered if every variable that occurs at position  $i$  in some monomial in  $f$  is in  $X_i$  (and the  $X_i$ 's are disjoint).

An *interval*  $I$  is a set of the form  $I = [j_1, j_2] = \{i : j_1 \leq i \leq j_2\}$ . A polynomial  $g$  is of type  $[j_1, j_2]$  if  $g = g[X_{j_1}, \dots, X_{j_2}]$ . It is a homogeneous polynomial of degree  $j_2 - j_1 + 1$ . A constant polynomial is of type  $I = \emptyset$ .

We now define ordered circuits, which are a natural model for computing ordered polynomials. In an ordered circuit  $\Phi$ , every gate  $v$  is associated with an interval  $I_v = I_v(\Phi) \subseteq [r]$ . A circuit  $\Phi$  is called *ordered* if it satisfies the following properties:

- (1) Every gate  $v$  in  $\Phi$  computes a polynomial of type  $I_v$ .
- (2) If  $v = v_1 + v_2$ , then  $I_v = I_{v_1} = I_{v_2}$ .

- (3) If  $v = v_1 \times v_2$  with  $I_v = [i, j]$ , then there exists  $i - 1 \leq \ell \leq j$  so that  $I_{v_1} = [i, \ell]$  and  $I_{v_2} = [\ell + 1, j]$  (recall that  $[i, i - 1] = \emptyset$ ).

We can also define an ordered version of a general polynomial. Let  $f$  be a homogeneous polynomial of degree  $r$  in the variables  $X = \{x_1, \dots, x_k\}$ . We define the *ordered version* of  $f$ , denoted  $f^{(ord)}$ , as follows. For every  $j \in [r]$  and  $i \in [k]$ , introduce a new variable  $x_{j,i}$ , and let  $X_j = \{x_{j,1}, \dots, x_{j,k}\}$ . For a monomial  $\alpha = x_{i_1} \dots x_{i_r}$ , let  $\alpha^{(ord)} := x_{1,i_1} \dots x_{r,i_r}$ . The polynomial  $f^{(ord)}$  is the ordered polynomial in the variables  $X_1, \dots, X_r$  defined by

$$\text{COEF}_{\alpha^{(ord)}}(f^{(ord)}) = \text{COEF}_{\alpha}(f).$$

Given  $f^{(ord)}$  we can easily recover  $f$  by substituting  $x_{j,i} = x_i$  for every  $j \in [r]$  and  $i \in [k]$ . When  $f$  is already ordered, then  $f^{(ord)}$  and  $f$  are the same polynomials, up to renaming of variables.

The following theorem shows that non-commutative circuits computing  $f$  can be efficiently simulated by ordered circuits computing  $f^{(ord)}$ . In particular, if  $f$  is already ordered, then a general circuit computing  $f$  can be efficiently simulated by an ordered circuit. Every ordered circuit is syntactically multilinear, as defined in Section 7.2 below. This implies that non-commutative circuits for ordered polynomials can be efficiently simulated by syntactically multilinear circuits. We do not know such a result in the commutative world: the best known transformation of a commutative circuit to a syntactically multilinear circuit increases the size by a factor of  $2^r$  (instead of  $r^3$  here).

The theorem is a stronger version of Theorem 1.11 which was stated in the introduction.

**Theorem 7.1.** *Let  $\Phi$  be a circuit of size  $s$  computing a homogeneous polynomial  $f$  of degree  $r$ . Then there is an ordered circuit  $\Psi$  of size  $O(r^3s)$  that computes  $f^{(ord)}$ .*

*Proof.* Before we prove the theorem we introduce some notation. If  $g$  is a polynomial (not necessarily homogeneous) and  $I = [j_1, j_2] \subseteq [r]$  is a non-empty interval, define  $g^{(I)}$  as the polynomial of type  $I$  defined by

$$\text{COEF}_{\alpha^{(I)}}(g^{(I)}) = \text{COEF}_{\alpha}(g),$$

where for  $\alpha = \prod_{j=j_1}^{j_2} x_{i_j}$  we have  $\alpha^{(I)} = \prod_{j=j_1}^{j_2} x_{j,i_j}$ , and if  $I = \emptyset$ ,  $g^{(I)}$  is the constant term in  $g$ . We thus have that  $f^{(ord)} = f^{(I)}$  with  $I = [1, r]$ .

We prove the theorem by describing how to construct  $\Psi$ . We duplicate each gate  $v$  in  $\Phi$  into  $O(r^2)$  gates in  $\Psi$ , which we denote by  $(v, I)$  with  $I \subseteq [r]$  an interval. Every  $(v, I)$  will compute the polynomial  $\widehat{\Phi}_v^{(I)}$ . If  $v$  is an input gate labelled by a field element, set  $(v, \emptyset) = \widehat{\Phi}_v$  and  $(v, I) = 0$  for every non-empty  $I$ . If  $v$  is an input gate labelled by a variable  $x_i$ , set  $(v, [j, j]) = x_{j,i}$  and  $(v, I) = 0$  when  $I$  is not a singleton. If  $v = v_1 + v_2$ , set  $(v, I) = (v_1, I) + (v_2, I)$  for all  $I$ . If  $v = v_1 \times v_2$  and  $I = [i, j]$ , set

$$(v, I) = \sum_{i-1 \leq \ell \leq j} (v_1, [i, \ell]) \times (v_2, [\ell + 1, j]).$$

Associate with the gate  $(v, I)$  in  $\Psi$  the interval  $I$ . Thus,  $\Psi$  is ordered. By induction, every gate  $(v, I)$  computes  $\widehat{\Phi}_v^{(I)}$ , and hence  $\Psi$  computes  $f^{(ord)}$ . For every gate  $v$  in  $\Phi$ , there are at most  $O(r^3)$  edges in  $\Psi$ , and so the size of  $\Psi$  is as claimed.  $\square$

**7.2. Syntactically multilinear circuits.** In this section we prove an exponential lower bound for the size of non-commutative syntactically multilinear circuits (a circuit  $\Phi$  is *syntactically multilinear* if for every product gate  $v = v_1 \times v_2$  in  $\Phi$ , the two subcircuits  $\Phi_{v_1}$  and  $\Phi_{v_2}$  do not share variables). Note that an ordered circuit is automatically syntactically multilinear. By means of Theorem 7.1, a lower bound on syntactically multilinear circuits computing an ordered polynomial would imply an unconditional lower bound. However, our lower bound involves a polynomial which is *not* ordered.

We now define the multilinear version of central polynomials. Let  $f$  be a multilinear polynomial of degree  $d$ . We say that  $f$  is *ml-central* if  $f$  is central as in (3.1), and for every  $\bar{i} \in [m]$ , the polynomial  $h_i g \bar{h}_i$  is multilinear; in particular, the polynomials  $h_i, g, \bar{h}_i$  have distinct variables.

The following lemma describes the structure of multilinear circuits.

**Lemma 7.2.** *Let  $f$  be a homogeneous multilinear polynomial of degree  $d \geq 2$ . Assume that there is a syntactically multilinear circuit  $\Phi$  of size  $s$  computing  $f$ . Then there exist  $n \leq O(d^3 s)$  and ml-central polynomials  $f_1, \dots, f_n$  such that  $f = f_1 + \dots + f_n$ .*

*Proof.* The proof is almost identical to Proposition 3.2. □

Our lower bound is based on counting monomials, similarly to Tiwari and Tompa's lower bound on the size of monotone formulas [34]. The following lemma is the basic observation for the lower bound.

**Lemma 7.3.** *Let  $f$  be an ml-central polynomial of degree  $k$  in  $k$  variables. Then  $f$  has at most  $2^{-\Omega(k)} k!$  monomials with non-zero coefficients.*

*Proof.* Write  $f$  as  $f = \sum_{i \in [m]} h_i g \bar{h}_i$  with every  $h_i g \bar{h}_i$  multilinear. Let  $X$  be the set of variables in  $f$  and  $X_0$  the set of variables in  $g$ . Every monomial with a non-zero coefficient in  $f$  has the form  $\alpha_1 \gamma \alpha_2$ , where (1)  $\gamma$  is a multilinear monomial of degree  $d_0$  in variables  $X_0$ , and (2)  $\alpha_1, \alpha_2$  are multilinear monomials in the variables  $X \setminus X_0$  of degrees  $d_1, d_2$ , and  $\alpha_1, \alpha_2$  have distinct variables. Since  $d_0 + d_1 + d_2 = k$ , we have  $|X_0| = d_0$ . There are thus  $d_0!$   $\gamma$ 's in (1), and at most  $(d_1 + d_2)!$  pairs  $\alpha_1, \alpha_2$  in (2). Hence  $f$  contains at most

$$d_0!(d_1 + d_2)! = d_0!(k - d_0)! = \frac{k!}{\binom{k}{d_0}}$$

monomials with non-zero coefficients. Since  $k/3 \leq d_0 < 2k/3$ , this is at most  $2^{-\Omega(k)} k!$ . □

Define the all-permutations polynomial,  $\text{AP}_k$ , as a polynomial in the variables  $x_1, \dots, x_k$ ,

$$\text{AP}_k = \sum_{\sigma} x_{\sigma(1)} x_{\sigma(2)} \cdots x_{\sigma(k)},$$

where  $\sigma$  is a permutation of  $[k]$ . Note that  $\text{AP}_k^{(ord)}$  is a polynomial in  $k^2$  variables,

$$\text{AP}_k^{(ord)} = \sum_{\sigma} x_{1,\sigma(1)} x_{2,\sigma(2)} \cdots x_{k,\sigma(k)}.$$

In other words,  $\text{AP}_k^{(ord)} = \text{PERM}_k$ .

*Proof of Theorem 1.12.* Assume that  $\text{AP}_k$  is computed by a non-commutative syntactically multilinear circuit of size  $s$ . By Lemma 7.2,  $\text{AP}_k$  can be written as a sum of  $O(k^3s)$  ml-central polynomials. By Lemma 7.3,  $\text{AP}_k$  can thus have at most  $O(2^{-\Omega(k)}k!k^3s)$  monomials with non-zero coefficients. However,  $\text{AP}_k$  has  $k!$  monomials.  $\square$

## ACKNOWLEDGEMENT

The authors would like to thank the anonymous referee, whose attentive comments helped to improve the paper.

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